

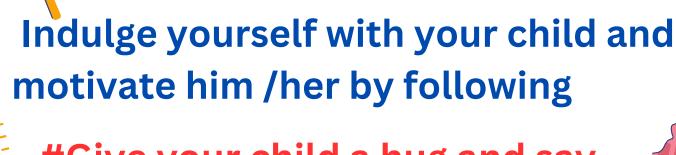
At last, at last, it's summer time,
The school is closed up tight.
It is filled with fun, excitement and friends,
It's time to relax and enjoy.
It's time for building awesome forts,
It's time for hide and seek
At last, at last, it's summer time!

Happy Summers









#Give your child a hug and say
I LOVE YOU

Talk To your Child

Talk To your Child #Praise your child

Regular conversation helps toddlers expand their vocabulary and learn how language works.

Saying "I love you" regularly—along with warm actions—nurtures a child's development in ways that last a lifetime.

Encourages positive behavior through emotional connection rather than fear or punishment.



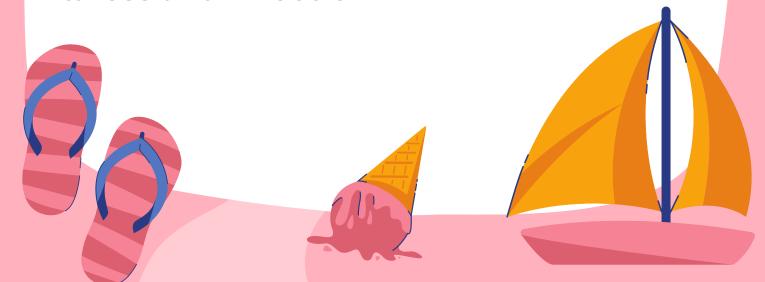
Enjoy Bedtime Stories in English and Hindi



Language development
Stories introduce new word sentence
structures and sounds helping toddlers
expand their vocabulary and improved their
listening and speaking skills.

Eat Lots of Fruits And Salad to Stay healthy

Motivate children to eat healthy food and share as well builds a strong immune system fruit, vegetable whole grains, and lean proteins contents and nutrients like vitamin c, zinc and iron that help fight off illness and infection.



Remember to Converse in English throughout and use magical words like Please

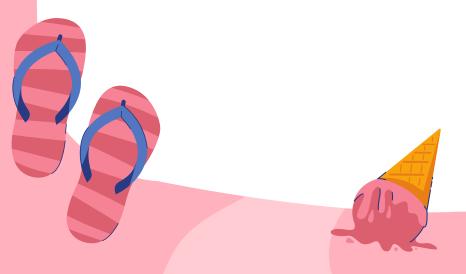
Sorry

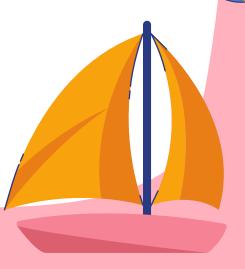
ThankYou

"Thank you" helps children recognize kindness and develop a sense of gratitude.

This can boost their happiness and build positive relationships.

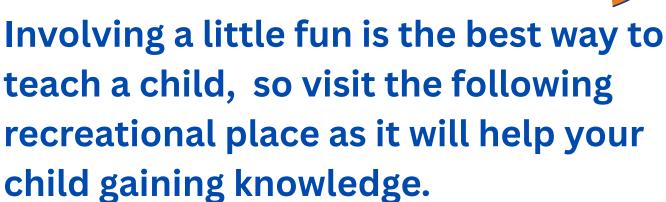
Saying "sorry" teaches toddlers to recognize when their actions affect others and to express empathy.











- Zoo
- Market Place
- Park
- Religious Place



- Combing hair
- Dressing up
- Brushing teeth











Mountain Pose

Stand straight and spread the legs and toes few inch apart. keep the arms alongside the body
The shoulder must be relaxed and not stiff.
Raise the arm above your head.
Hold the posture and breathe slowly.
Retain as long as comfortable.

Volcano Pose

Stand tall with your feet slightly apart .Bring your hands prayer position . Inhale and push your hands to the sky. Exhale and move your hands to this side and then back to the centre.



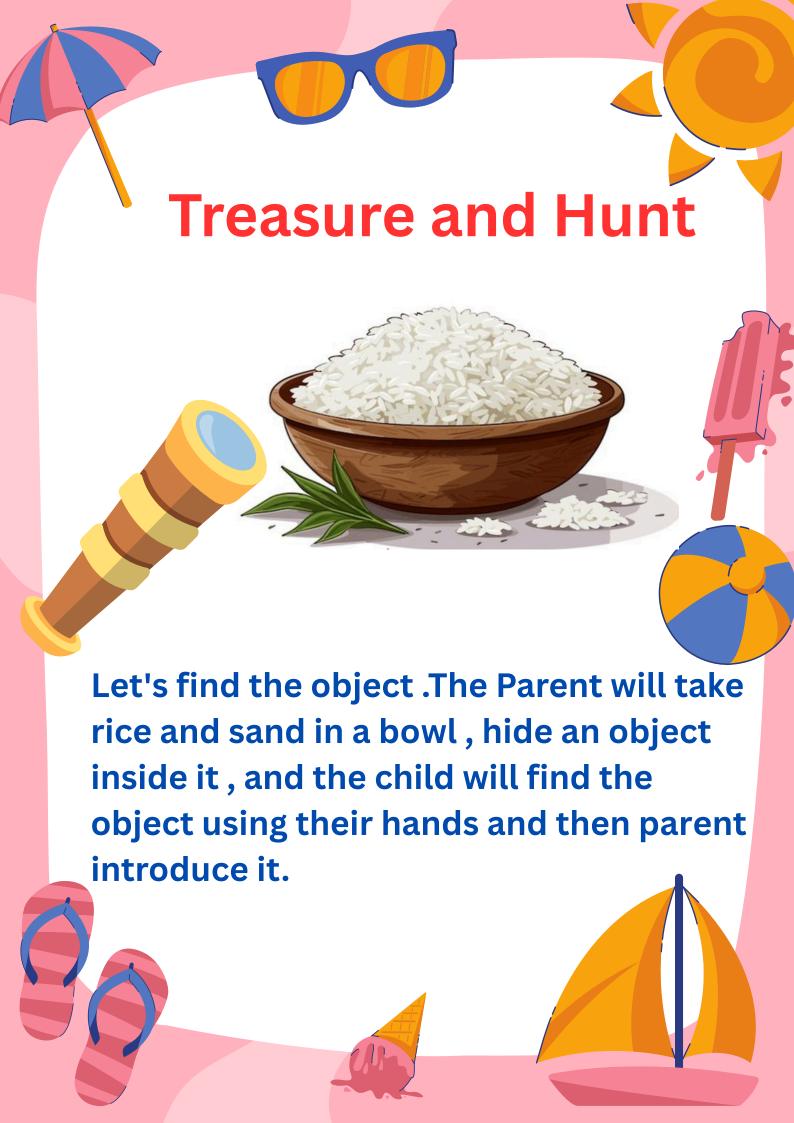


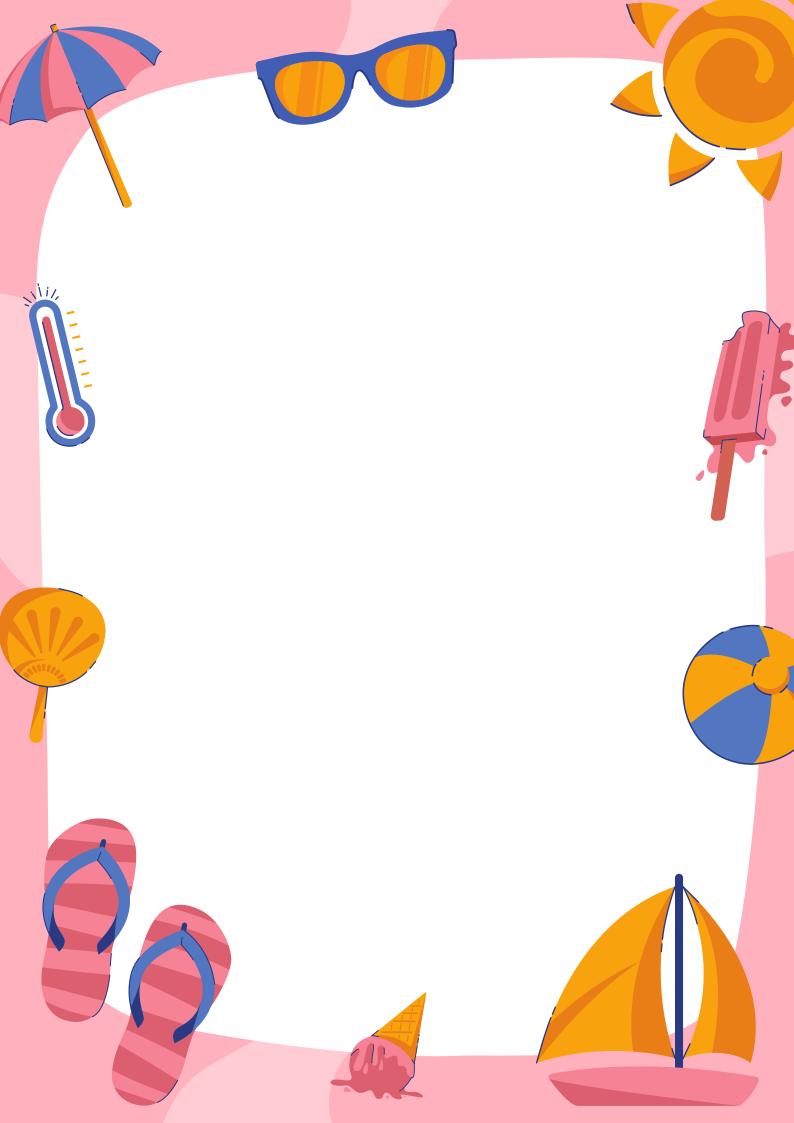












Play Indoor Game With Your Child

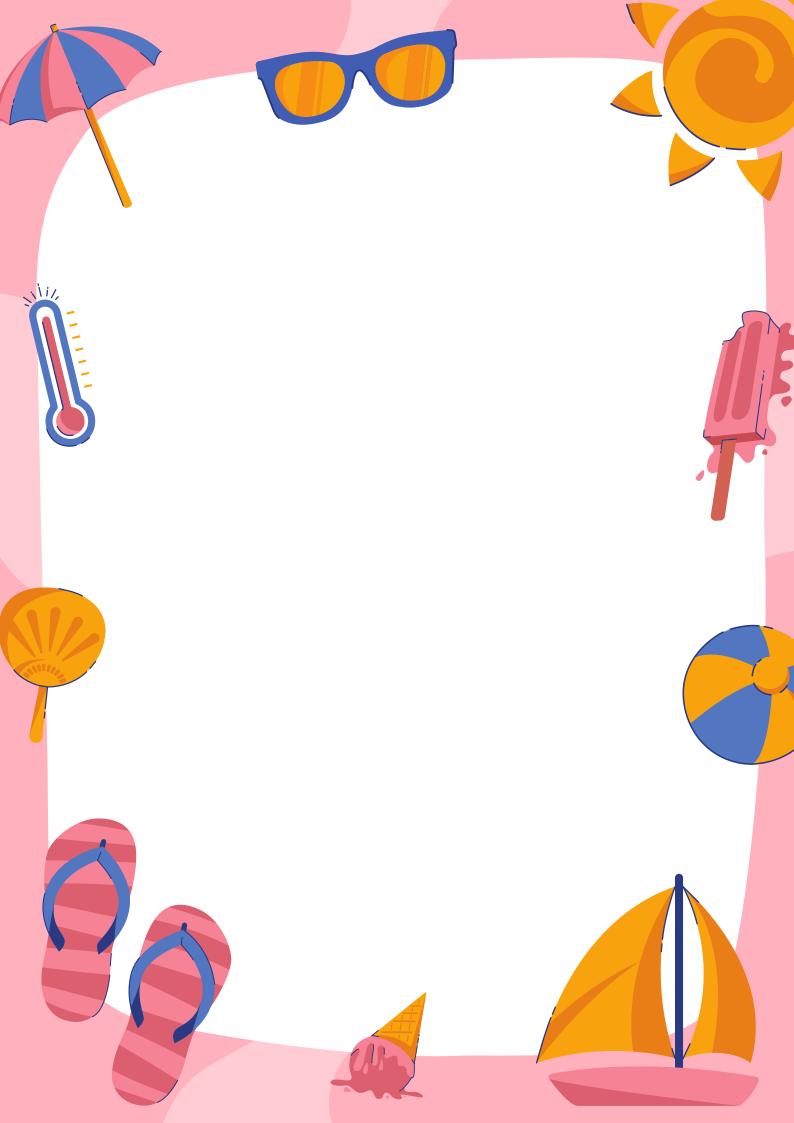
Improves muscle strength and coordination.

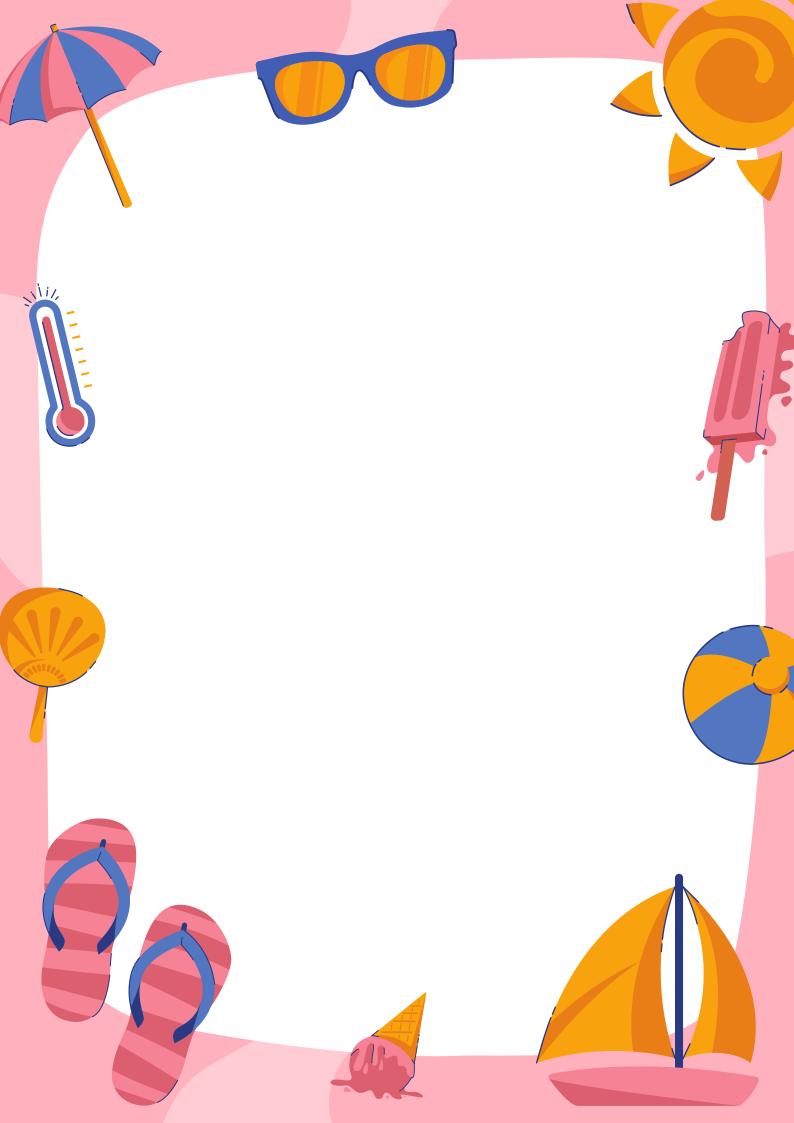
Enhance memory, problem-solving, and thinking skills through puzzles, matching games, and buildin blocks.

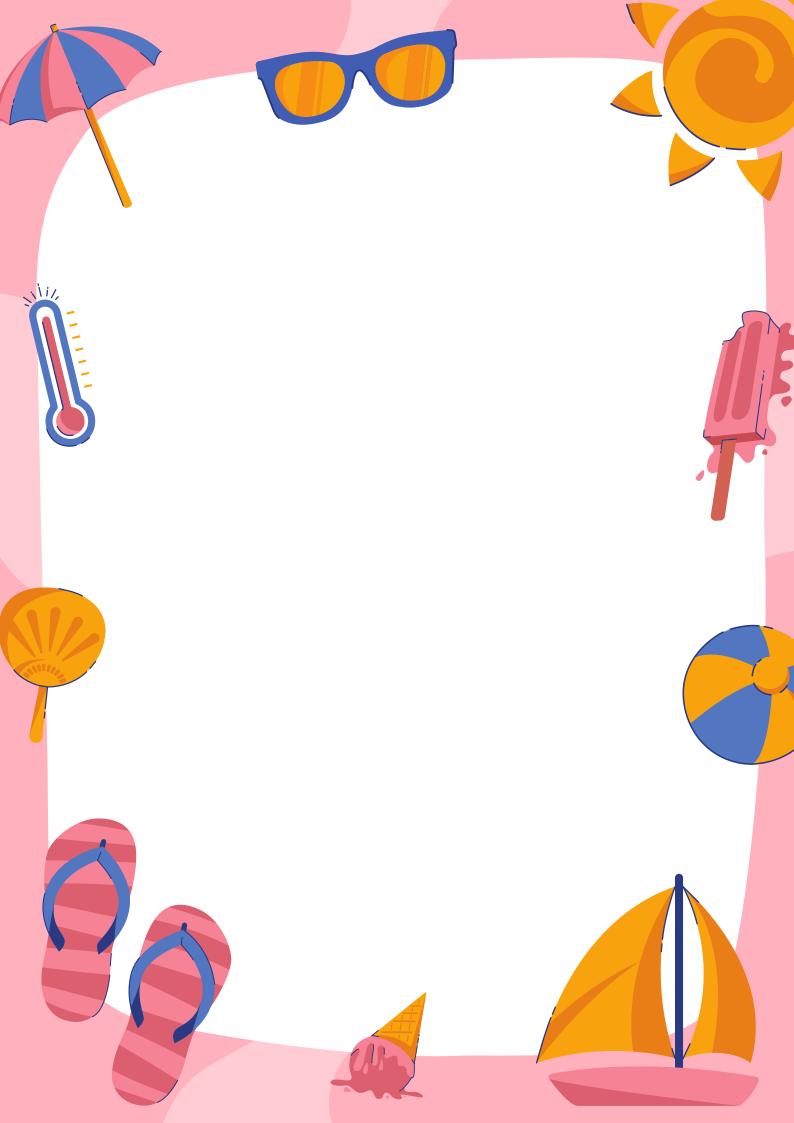
Encourage imagination and creativity with pretend play and role-playing games.

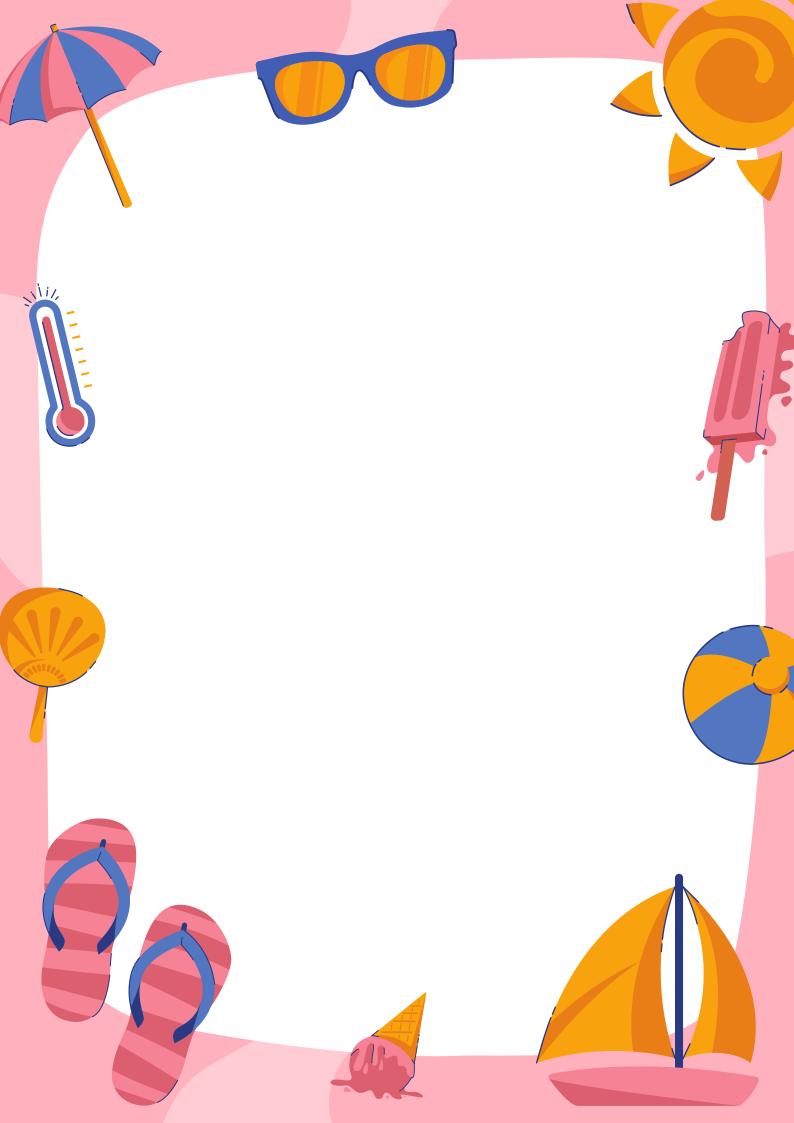
2. Physical Development

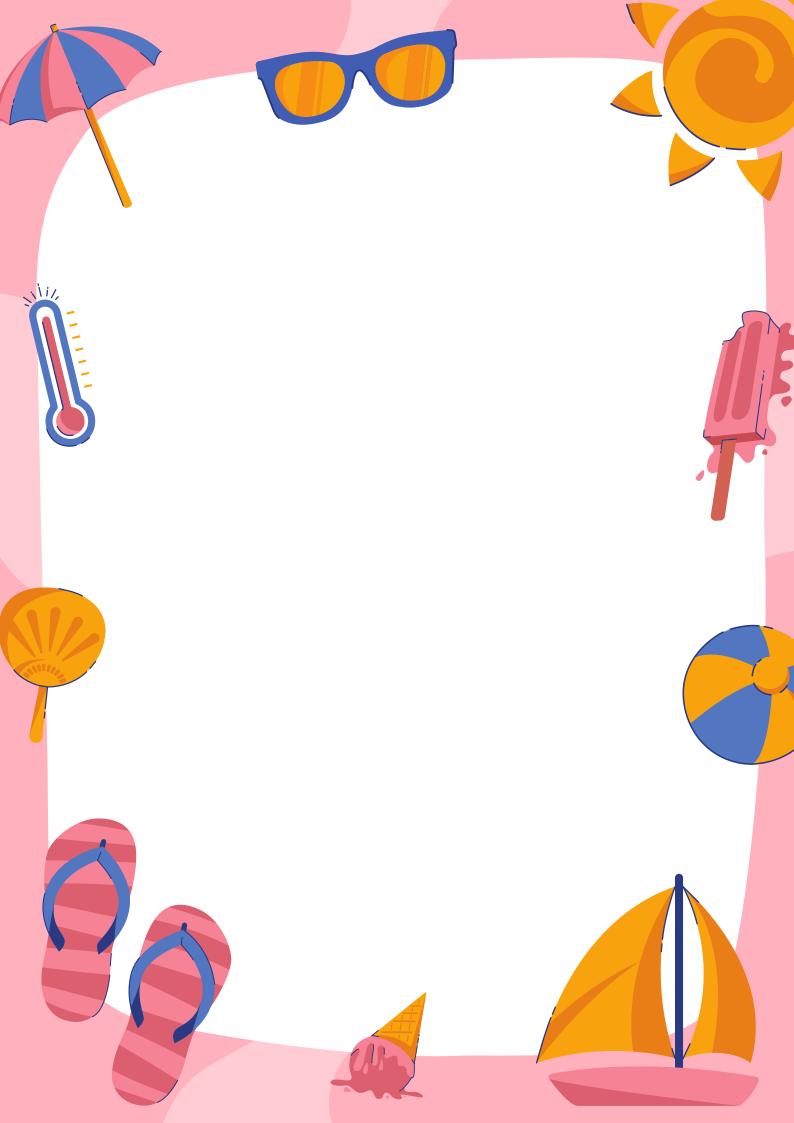
Improve motor skills with activities like crawling through tunnels, tossing soft balls, or dancing.

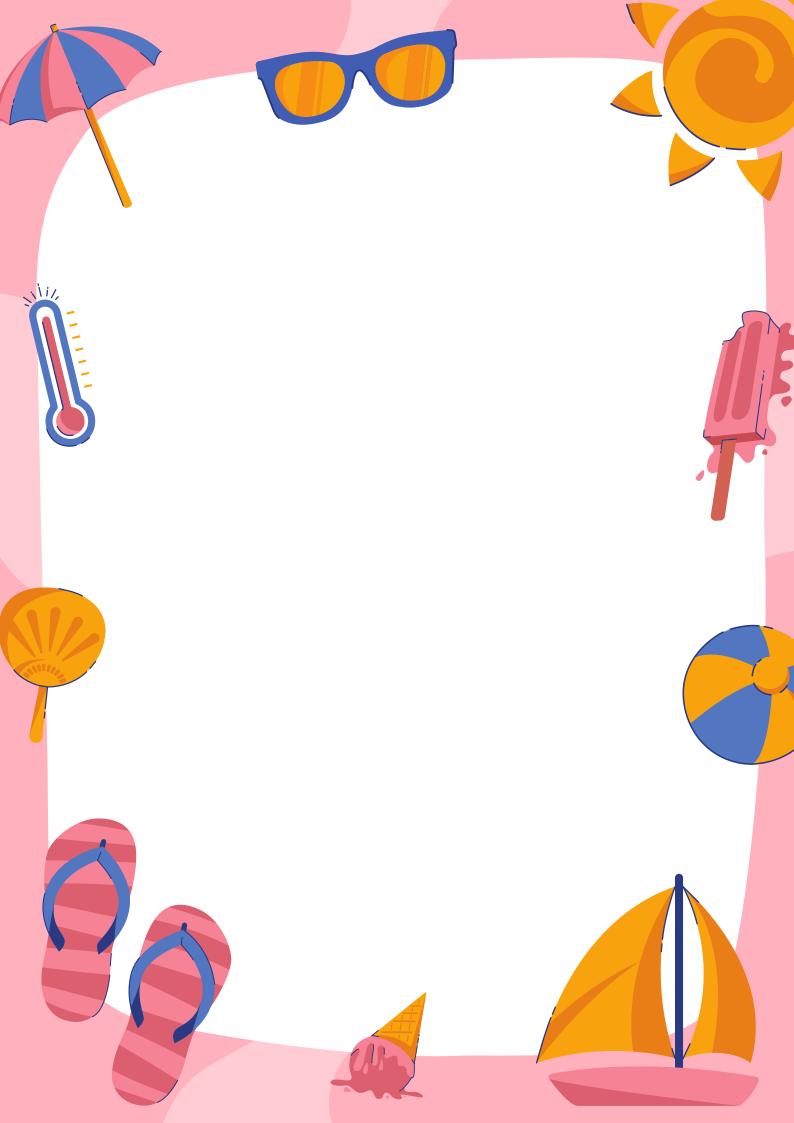


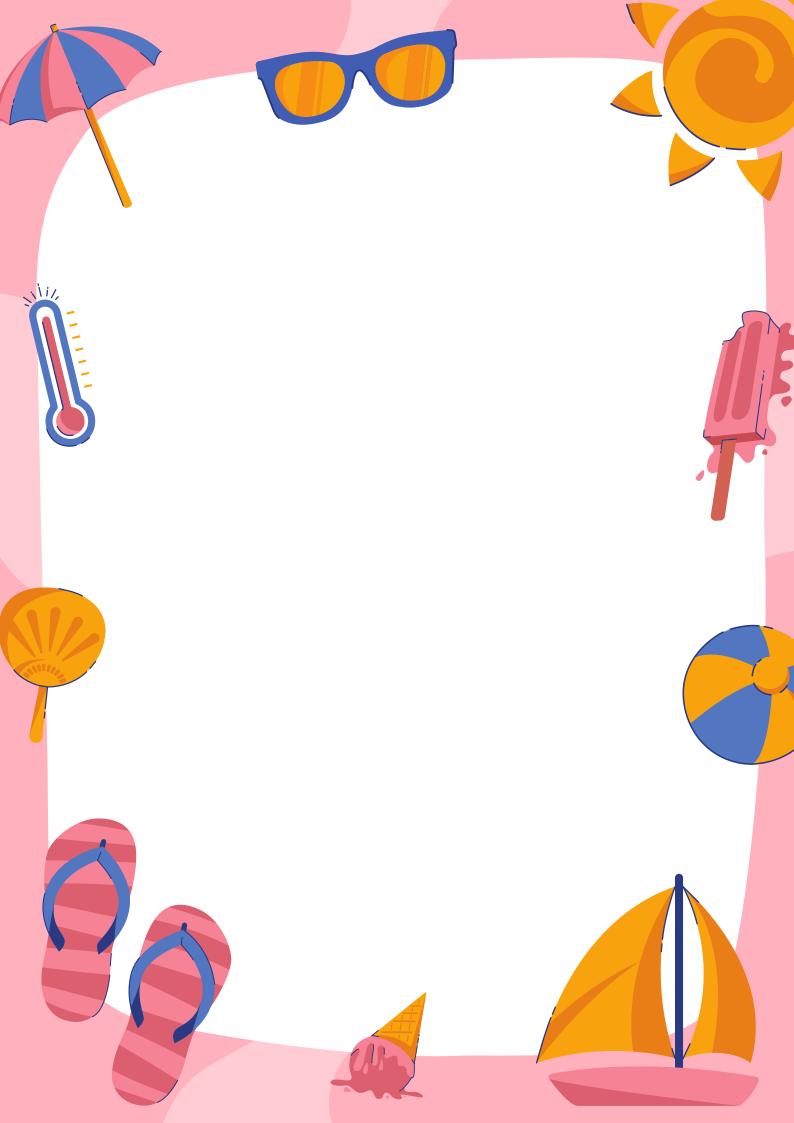


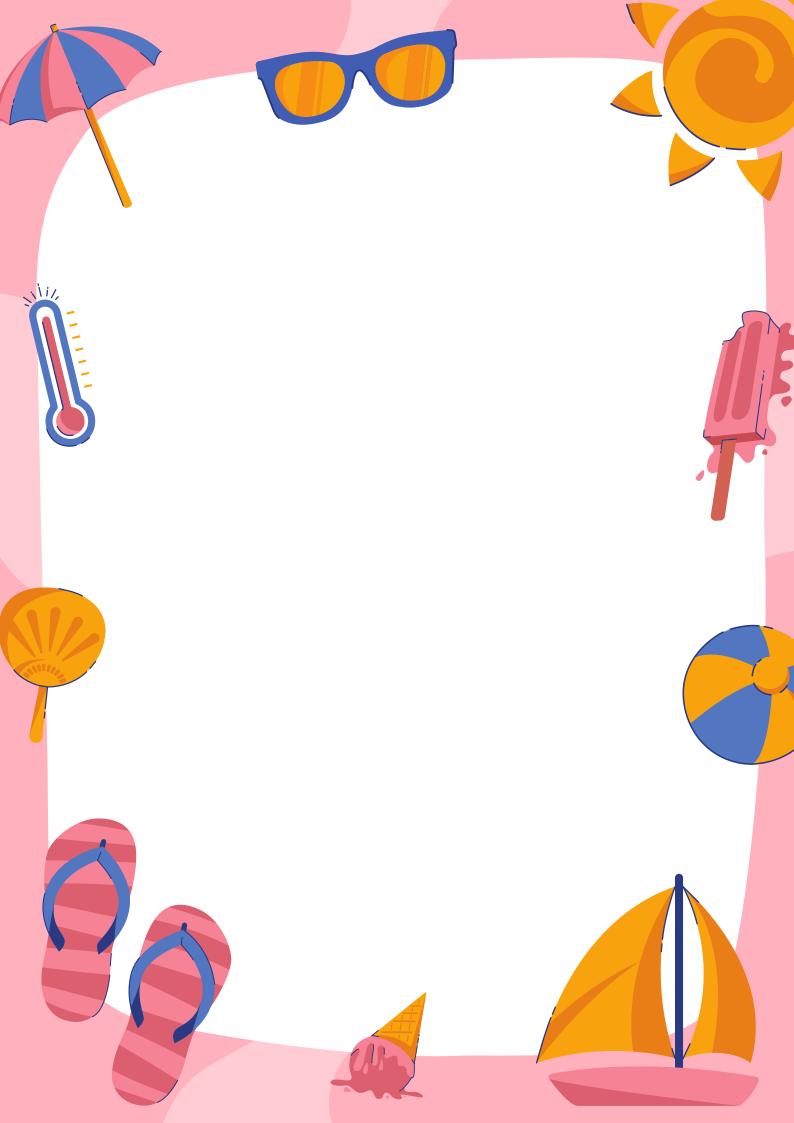


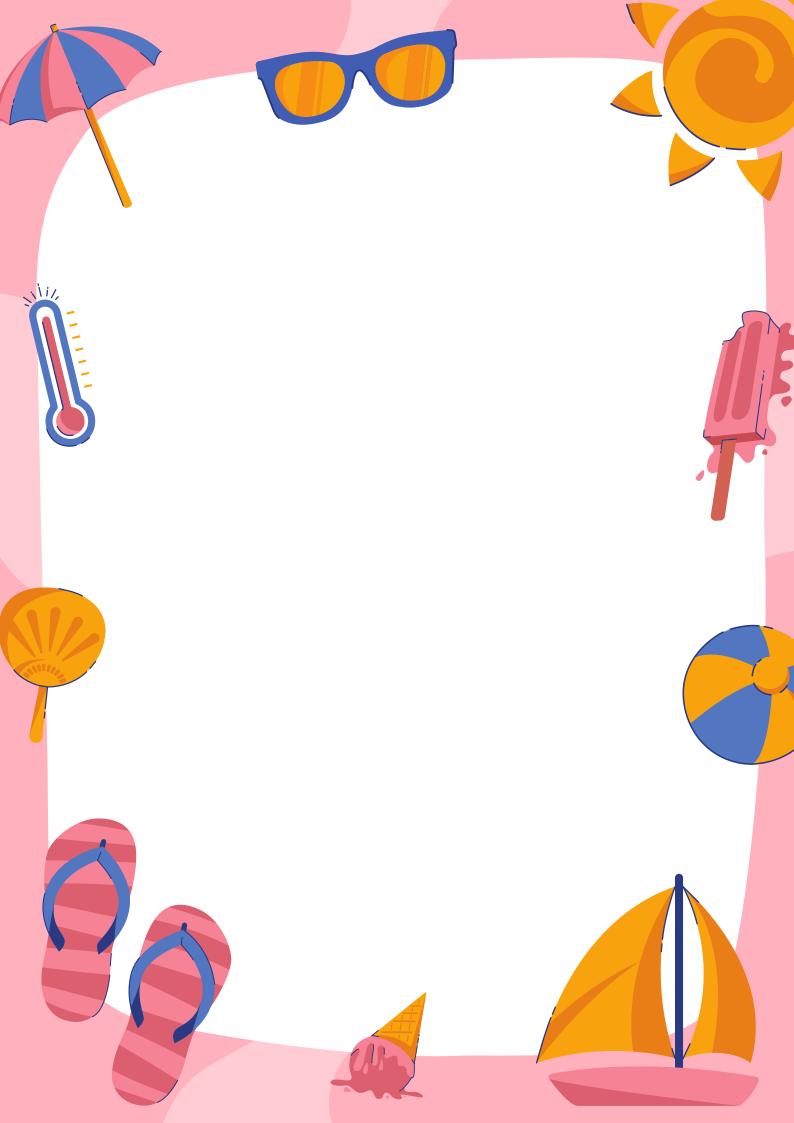












Involve Yourself With Your Child And Motivate HIM /HER By Following

Give Your Child a Hug And Say I love you.

Talk To Your Child # Praise Your Child

Encourages Positive
Behavior: Children
are more likely to
repeat behaviors

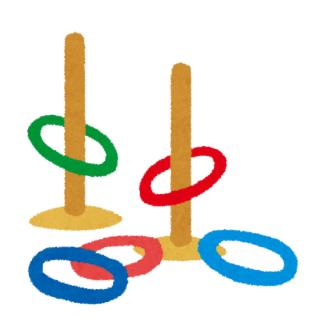
acknowledged and praised, reinforcing

that are

good habits and manners.



PLAY INDOOR GAME WITH YOUR CHILD



Improves muscle strength and coordination:
Swimming uses many muscle groups and helps develop motor skills.

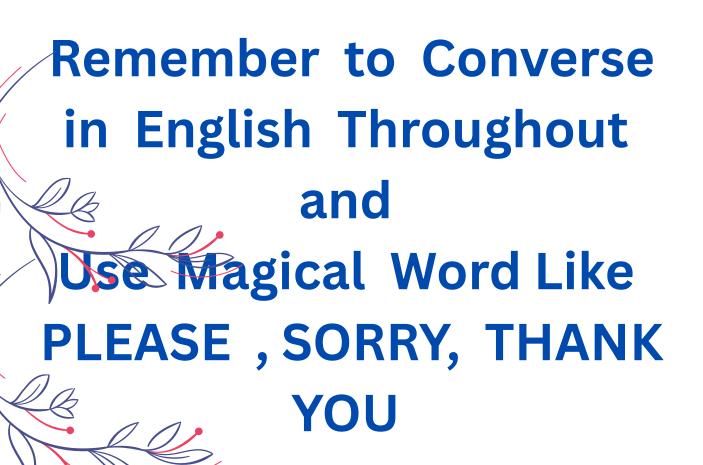
SPLASH AROUND AND FEEL COOL IN SWIMMING POOL

Improves muscle strength and coordination: Swimming uses many muscle groups and helps develop motor skills.

















1. Nature Walk & Collection

Activity: Go for a walk in a park or garden and collect safe items like leaves, pebbles, flowers, and twigs.

Homework: Paste the items on paper and label them with help.

Skills: Observation, vocabulary building, motor skills.



"Switch It Off" Poster

Activity: Make a small poster with help: "Turn Off Lights & Fans When Not In Use."

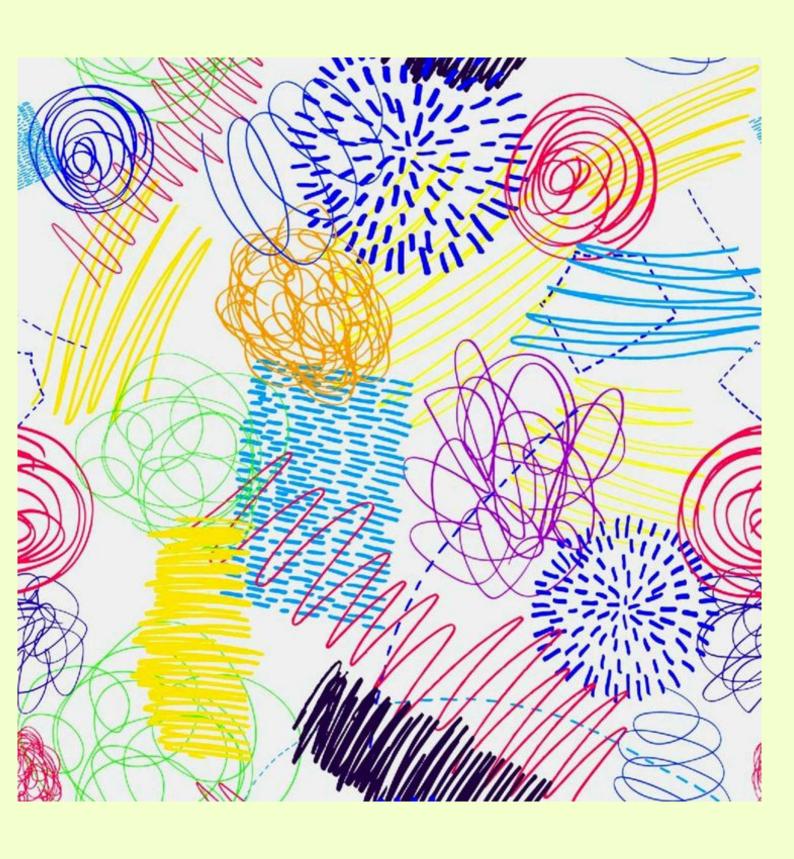
Homework: Decorate it with stickers or drawings.

Skills: Energy conservation awareness.

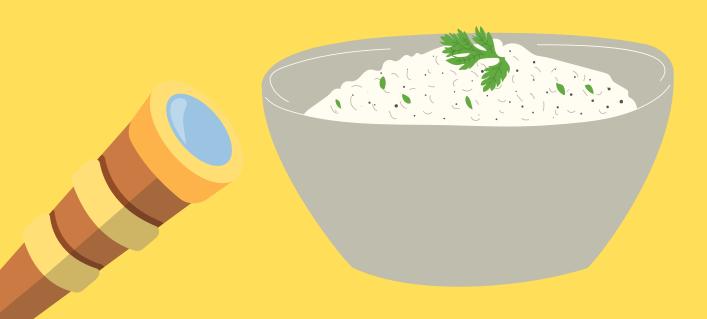




Let's scribble with the children everyday



TREASURE AND HUNT



Let's find the object .The parent will take rice and sand in a bowl, hide an object inside it, and the child will find the object using their hands and then parent introduce it.

Colouring worksheet



Let's do colouring together on the ice cream

Cotton activity





Let's do cotton pasting on the penguin

Father's day activity



Behind every strong child is a stronger father who believed in them

YOGA DAY



