



- Take your child for a morning walk, talk about things you can see around.
- Remember to drink plenty of fluids, enjoy fresh fruits and vegetables. Eat more nutritious food and less junk food. Avoid wasting food.
- Play indoor games with your child like ludo, carrom, scrabble etc.
- Let your child help around the house doing jobs like dusting, cleaning the table, filling water bottles, watering the plants etc.
- To spend some quality time with your child, take them out for a movie and have fun together.
- Give away your unused clothes and toys to needy.

skills necessary for his/her education.

- Read the entire Holiday Homework given, so that you can plan well.
- Please make sure that your child completes their holiday homework under the guidance of parents.

Morning Blessings

Help your child inculcate good habits like doing "Surya Namaskar' and encourage him/her to greet all

elders as well as other family members in the morning.







"A sound mind resides in a healthy body." Therefore, commence your day early and maintain a routine, even during holidays. Moreover, you and your child can enjoy some quality time together by engaging in activities like playing, cycling, or swimming to keep yourselves fit and healthy. Foster personal hygiene practices in your child, such as washing their hands, practicing yoga, consuming nutritious food, etc.









• Fun with books:

A book is a gift you can open again and again. Encourage your child to read age appropriate picture books. Picture reading must be followed by discussion with the child. Encourage him/her to share views on what he/ she has seen in the book.

SUGGESTED BOOKS

The Hungry Caterpillar by Eric Carle

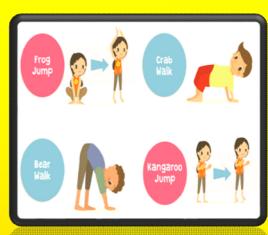
The Cat in The Hat.
 by Dr. Suess

The Good Egg. by Jory John



- Gross Motor Skills:
 - 1. Walk like an animal: Follow the body postures stretch and experience the animal walks as shown in pictures given below.
 - 2. I am a Butterfly: Understand the birth cycle of a butterfly, and enact the same.
 - 3. Do these yoga poses under the guidance of parents.





- Social and Emotional Development
- Tell the child about your childhood, share incidents from the past and show him/her old family albums. This will strengthen the bond between you and your child.
- Let your child help in household chores like cleaning windows, filling water bottles, laying table, arranging toys, watering the plants etc.
- The good habit of sharing and making friends.
- Encourage your child to respect and help the elders at home.
- Encourage your child to develop the habit of taking care of his/her belongings.







THE 3 WORDS GAME

Name 3 things which reminds you of school.

1

Name 3 things you can drink.

7

Name 3 things both men and women can wear.

13

Name 3 things which reminds you of holidays.

2

Name 3 things you can eat.

8

Name 3 things both students and teachers do.

14

Name 3 things which reminds you of work.

3

Name 3 things you can wear on your body.

9

Name 3 things both bosses and employees do.

15

Name 3 things which reminds you of music.

4

Name 3 things you can wear on your feet.

10

Name 3 things both animals and humans have.

16

Name 3 things which reminds you of your parents.

5

Name 3 things you can wear on your head.

11

Name 3 things both Europe and North America have.

17

Name 3 things which reminds you of Christmas.

6

Name 3 things you can write.

12

Name 3 things both Kings and Presidents do.

18



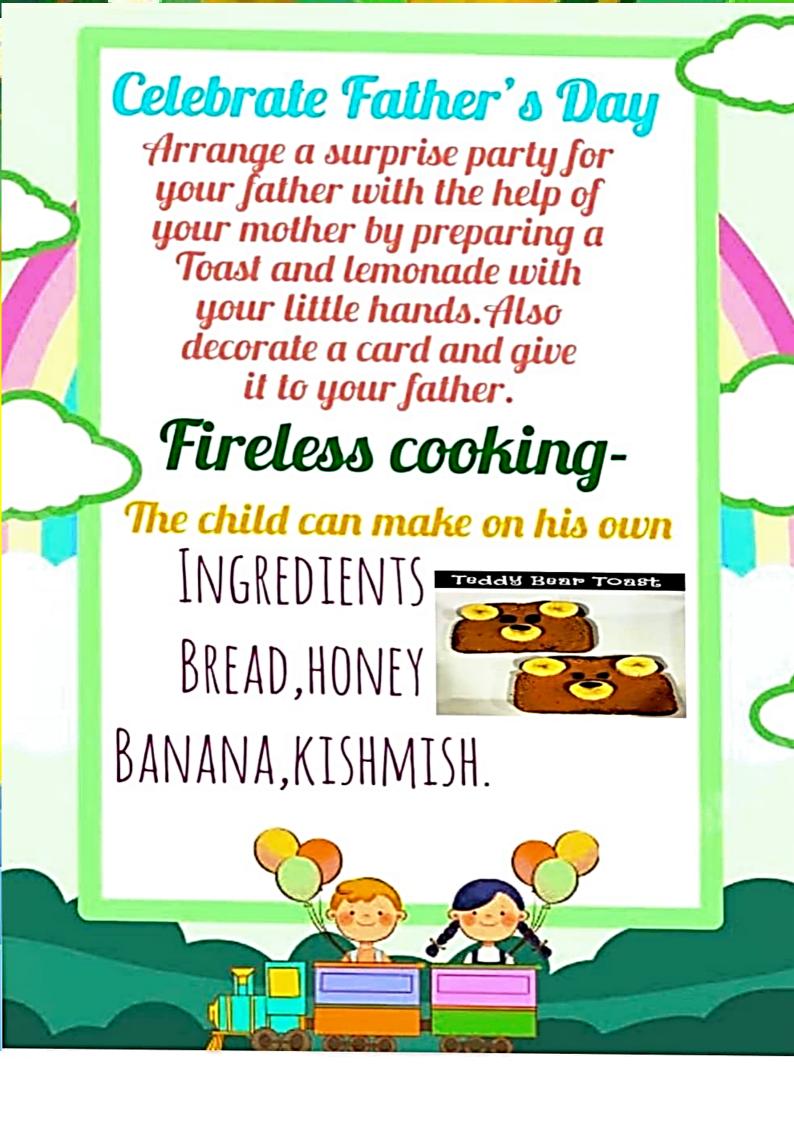
Straw painting can be done by splattering paint or blowing paint. Simply pick up some paint in a straw and splatter it onto the paper or put a drop of paint onto the paper and blow through the straw to make the paint spread out. Either way, the effect is quite cool.

Nature Collage

Making a nature collage is fun because you get to go on a walk in the park or garden and collect all kinds of natural collage materials — leaves, twigs, grass, flowers, etc.

All your kids need is some glue and paper to create an awesome nature collage.







Fine Motor Development

Writing Time

To improve the writing skills of the children and to make them practice every day, We have given some worksheet From book. Kindly make your ward practice daily.

Note: Make a separate 3 in 1 note book for the holidays work

English

- Write small cursive a- z letters 5 times and joining of two letter words of vowel 'a' 5 times in notebook.
- Do reading daily from literacy book page no. 9 to 39.
- · Revise all the work done in book and note book.

Math

- Write forward counting 1-50, 3 times in note book.
- Write backward counting 10 to 1, 5 times in note book.
- · Revise all the work done in book and note book.

Hindi

- Write क से ज्ञ 5 times in note book.
- Write मात्रा रहित दो वर्णों के शब्द 5 times in notebook.
- · Revised all the work done in book and note book.

Art Book.

 Do page no. 6,9,11,13,14,19,24,28,32,35 In art coloring book.



Practice these phonetics sounds daily

PHONETICS

A says ₹ as in apple, axe, arrow

B says ब as in ball, bag, balloon

C says क as in cat, candle, car

D says 로 as in dog, drum, doctor

E says ए as in elephant, elbow, engine

F says फ as in frog, fish, fan

G says ग as in grapes, gate, god

H says ह as in horse, house, hot

I says आइ as in ice-cream, iron, island

J says ज as in joker, jar, jelly

L says ल as in lion, leaf, lock

M says ਸ as in mango, mat, mother

N says न as in nest, nut, nose O says 3 as in orange, ostrich, ox P says T as in parrot, peas, pocket Q says क्व as in quarter, quill, quilt R says ₹ as in rocket, rat, red S says स as in sun, socks, swing T says Z as in tiger, time, toffee U says 37 as in umbrella, under, urn V says व as in van, vulture, violin W says of as in wall, watch, window X says क्स as in x-ray, x-mass tree Y says य as in yo-yo, yolk, yellow Z says a as in zip, zigzag, zero

Or-19, Faribates

गोला लगाइए

	टब	रथ	नथ	
	कब	सब	पर	
	फन	मन	टन	
10	हट	धन	जल	
	ਧਕ	बल	हट	
10	दस	पल	मन	
	खग	नग	जग	
	वन	फल	कप	

चित्र देखकर अलग शब्दों पर गोला लगाइए ।



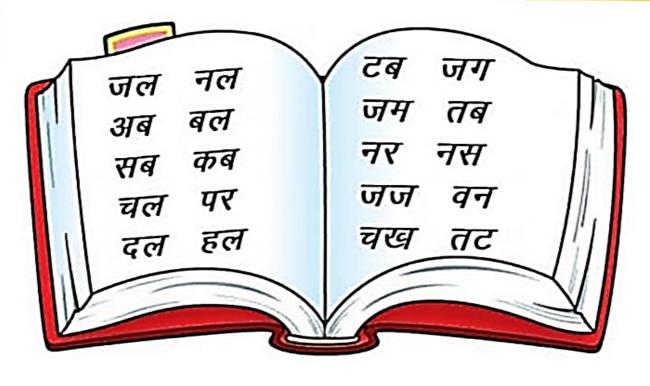
• Read these words daily with the help of your parents.

Short a

ab	ad	ag	am	an	ар	at
cab	bad	bag	bam	ban	cap	bat
dab	dad	gag	dam	can	gap	cat
gab	had	hag	ham	fan	tap	fat
jab	mad	lag	jam	man	map	hat
lab	pad	nag	ram	pan	nap	mat
nab	sad	rag	yam	ran	rap	pat
tab	tad	sag		tan	sap	rat
		tag		van	tap	sat
		wag			yap	vat
					zap	



पढ़े।



लव रथ पर चढ़।

बस पर मत लटक।

बस पर मत लटक।

बस पर चल।

बन ठन कर रह।

दस तक पढ़।

हठ मत कर।



Name : _____ Date : _____

'A' sound words

Look at the pictures below. Say what you see out loud. What do you hear? Add the missing letter on the blank.





b _ 9





h _ t





 $\rho - n$



$$i - m$$





f n

