



ADARSH VIDYA NIKETAN SENIOR SECONDARY SCHOOL

SECTOR-19, FARIDABAD

HOLIDAY HOMEWORK FOR CLASS – PREP (2022-2023)

Dear Parents,

Vacations are the most appropriate time for kids to refresh & rejuvenate themselves, to be creative to learn new skills & performance more enthusiastically.

Children have ample energy which should be channelized in the right direction to get the best out of them. We have designed holiday homework keeping in mind, it will build their confidence and new skills.



Student's Name _____



Dear Parents,

Summer Vacation is here –a respite from the sweltering heat, an ocean of time to relax, to pursue hobbies and to spend time with dear ones.

You can also utilize this period to instill in your child, the virtues of “Care and Share”, “Self-help”, “Learn from Environment” and “Cleanliness and Godliness”. Please keep him/her engaged in meaningful activities.

Wishing you and your ward an enriching and exhilarating vacation.

GUIDELINES:

- **KINDLY TAKE OUT THE PRINTOUT OF HOLIDAY HOMEWORK.**
- **HELP YOUR CHILD WHILE DOING THE HOLIDAY HOMEWORK.**

- **Morning Blessings**

Help your child to inculcate good habits like doing “Surya Pranam” & encourage him/her to greet all elders in the morning.

- **Physical Development**



Play different indoor games like Ludo, chess, snakes and ladders, carrom etc. with your child. This will encourage them to express freely and will make them more responsible.

- **Language Development**

- Encourage your child to converse in English.
- Choose any 1 object from your surroundings every day. Let the child speak few lines on it. For example: This is an apple. It is red in colour. It is sweet and juicy. An apple a day keeps the doctor away.





• Personal Hygiene

Encourage your child to take care of 'Personal Hygiene' by inculcating the following habits:

- ♣ Brushing teeth twice daily.
- ♣ Combing hair regularly.
- ♣ Bathing everyday.
- ♣ Washing hands before and after meals.
- ♣ Trimming the nails and keeping them clean.

• Social Skills

Imbibe following Social Skills in your child: -

- Answering the phone calls with a polite "Hello!", Also asking "May I know who is calling?"
- Sitting at the dining table with the family to eat the meals, using proper table manners. Do not watch television while having meals with the family.
- Sharing toys, colours, etc. with siblings.
- Talk to your child about the importance of keeping our surroundings clean.
- The good habit of sharing and making friends.
- Encourage your child to water the plants.
- Encourage your child to respect and help the elders at home.
- Encourage your child to develop the habit of taking care of his/her belongings.

• Life Skills

Inculcate following Life Skills in your child to help him/ her become independent:

- *Buttoning his/her shirt.*
- *Zippering and unzipping.*
- *Folding the clothes.*
- *Tying his/her shoe laces.*
- *Buckling and unbuckling.*
- *Turning pages of a book.*
- *Packing his/her school bags.*
- *Laying the table for dinner.*
- *Proper toilet training.*
- *Arranging shoes in the shoe rack.*

Fine Motor Development

1. Mix a handful Rajma, Chana and Lobhia and ask your child to separate it using tweezers.

2. Scribbling, colouring, mashing potatoes, rolling chapattis, clay moulding, sand play, bursting bubble paper, tearing pasting, pegging the clothes, watering plants with spray bottles.





BINGO

• Kindly do the activities from the below mentioned chart and colour that block once it is done.

Introduce yourself.	Do 10 jumping jacks	Count up to 20	Use comparative (big/small) words
Use comparative (big/small) words	Say something nice to someone	Find something round in shape.	Play Ludo with siblings
Practice writing 3 letter words of vowel 'a'.	Zumba Dancing	Count backwards 10 – 1.	Find something red
Find something orange.	Use magic words at home(Please and Thank You)	Make lemonade with your mother	Use comparative (high/low) words
Count Objects	Read Hindi book with mom and dad	Draw and colour a triangle.	Find something smaller than your hand.

Creative Development

Fun with colours: Following are the few suggested activities for the children to enjoy during their summer holidays, using materials available at home –Choose any one of the below and make a delicious and colourful snack.

1. **Yellow Snack Time**– Mango shake and French Fries.



2. **Red snack time**- Watermelon ice lollies and strawberry shake.



My Special Day with Dad!

("Father's Day Sunday, 19 June 2022")

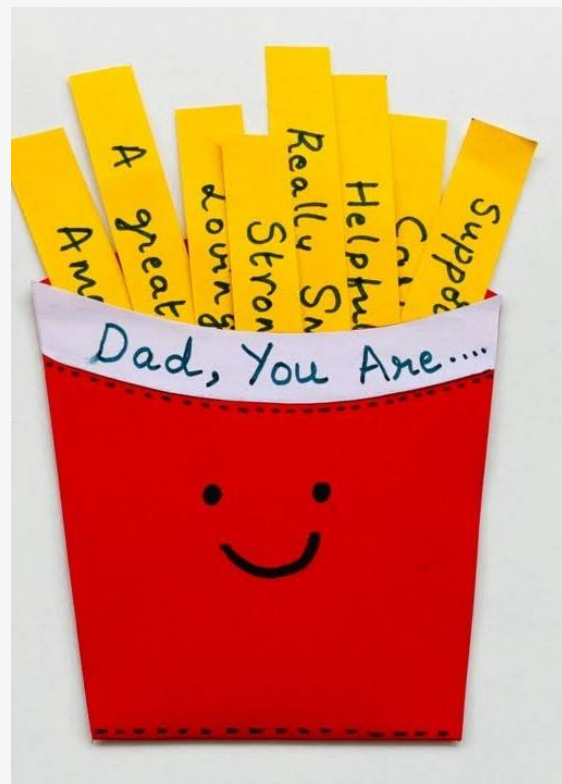
"My Dad is so special, he is my superstar, and that is why I love him so much with all my little heart!! Happy Father's Day!!"

ACTIVITY:

- Take your mother's help and make a beautiful card for your father and click a nice photograph with your dad holding the card. Create any 1 of the below mentioned:



SHIRT CARD
for father's day



- Surprise him by making sandwiches and lemonade for breakfast with the help of your mother.



SIGHT WORDS

Learning Objective: -To make the children read Sight Words.

Learn the below mentioned site words with the help of your parents:

- | | |
|---------|---------|
| • This | • Want |
| • That | • a/an |
| • Are | • go |
| • See | • if |
| • Can | • it |
| • And | • we |
| • These | • how |
| • Those | • where |
| • The | |
| • Who | |

Guidelines for Parents:

- Use only the resources that are available at home.
- Prepare a systematic time table and follow it.

ENGLISH:

- Read vowel 'a' sound words daily from Theme book
- Write small cursive alphabets a-z (5 times). Read vowel 'a' sound words like cat, map, cap etc. (5 times).

MATHS:

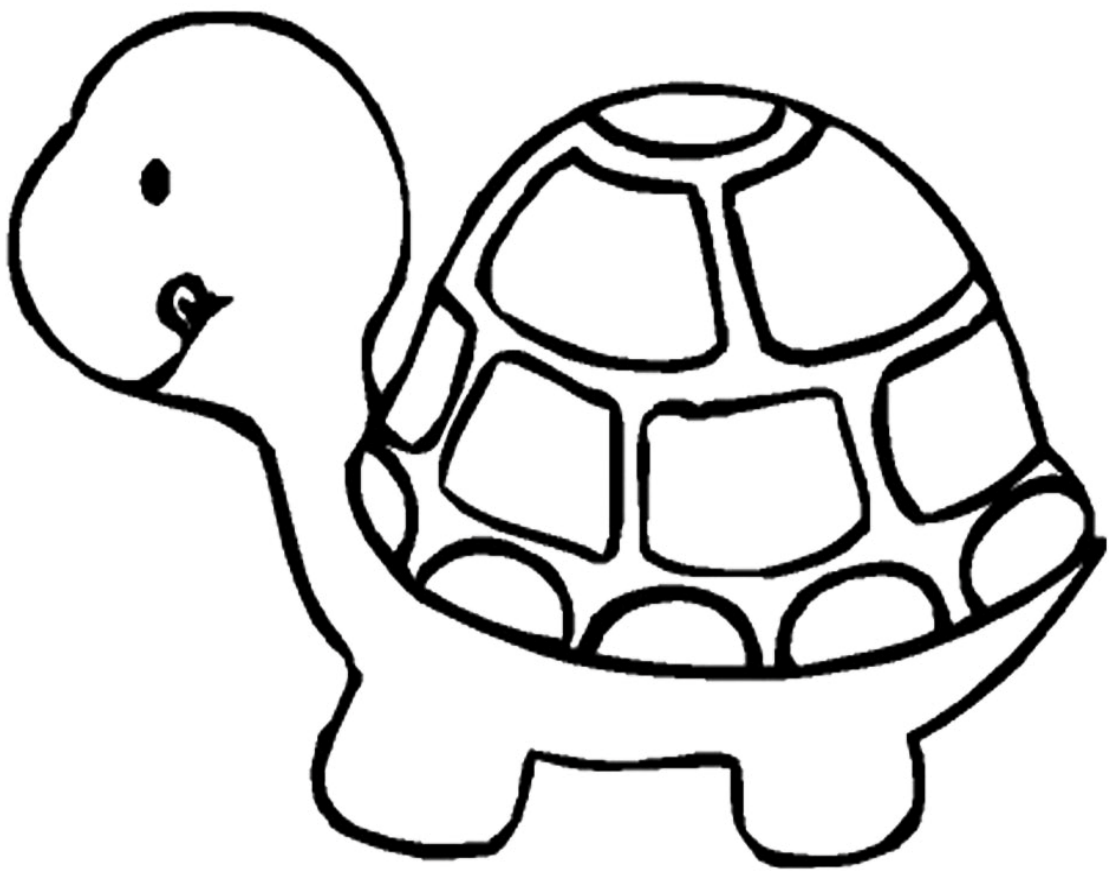
- Write forward counting 1-50(5 times).
- Write backward counting 10-1(10 times).

HINDI:

- अ से अः (5 बार लिखें) ।
- क से ह (5 बार लिखें) । मात्रा रहित दो वर्णों से सम्बलित कराये गए कार्य का अभ्यास करें ।

FUN PAGE

Colour this turtle with your favourite colours:



गोला लगाइए

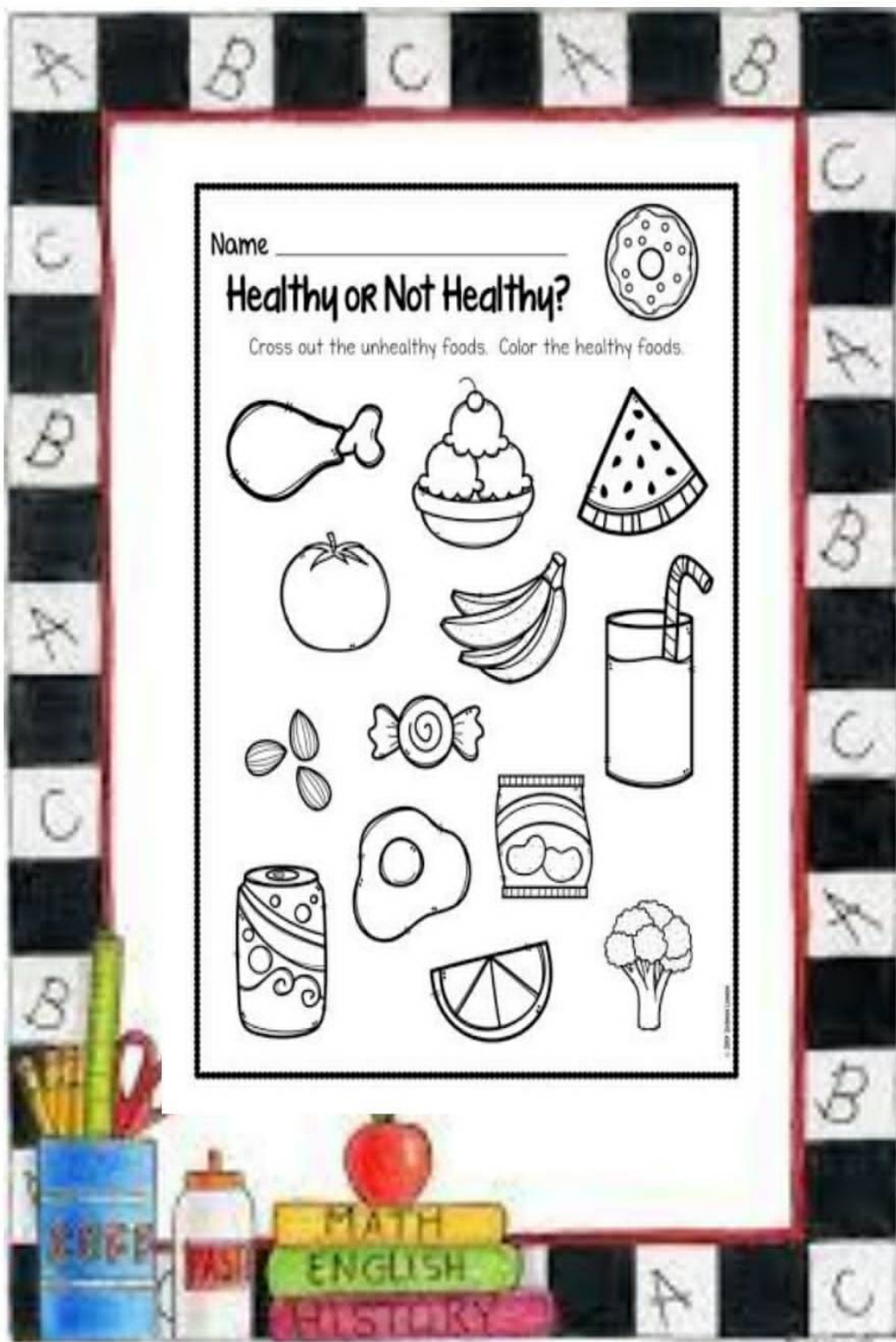
	टब	रथ	नथ
	कब	सब	पर
	फन	मन	टन
	हट	धन	जल
	चल	बल	हट
	दस	पल	मन
	खग	नग	जग
	वन	फल	कप

चित्र देखकर अलग शब्दों पर गोला लगाइए ।

गोला बनाइए

घर			
जग			
सब			
धन			
गज			
यज्ञ			
नल			
खग			

शब्द पढ़ कर सही चित्र पर गोला लगाइए।





Let's revise phonetics

A says ऐ as in apple, axe, arrow

B says ब as in ball, bag, balloon

C says क as in cat, candle, car

D says ड as in dog, drum, doctor

E says ए as in elephant, elbow, engine

F says फ as in frog, fish, fan

G says ग as in grapes, gate, god

H says ह as in horse, house, hot

I says आइ as in ice-cream, iron, island

J says ज as in joker, jar, jelly

K says क as in kite, kettle, kangaroo



L says ल as in lion, leaf, lock
M says म as in mango, mat, mother

N says न as in nest, nut, nose
O says औ as in orange, ostrich, ox



P says प as in parrot, peas, pocket
Q says क्व as in quarter, quill, quilt



R says र as in rocket, rat, red
S says स as in sun, socks, swing



T says ट as in tiger, time, toffee
U says अ as in umbrella, under, urn



V says व as in van, vulture, violin
W says व as in wall, watch, window
X says एक्स as in x-ray, x-mas tree,



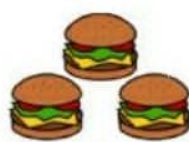
Y says य as in yo-yo, yolk, yellow
Z says ज as in zip, zigzag, zero

Addition - Count the objects, write the numbers and find the sum (1-10)



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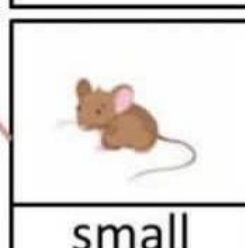
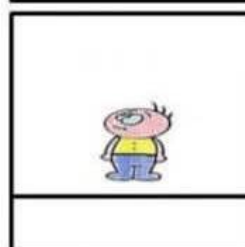
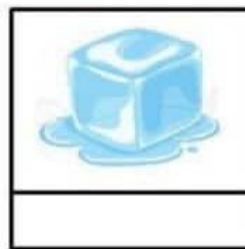
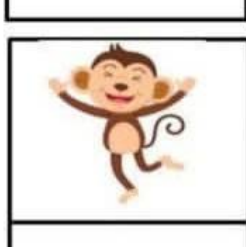
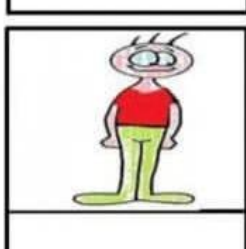
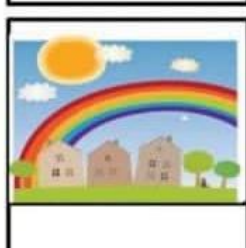
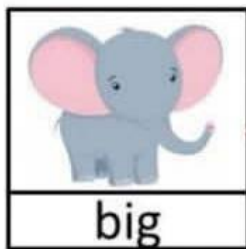
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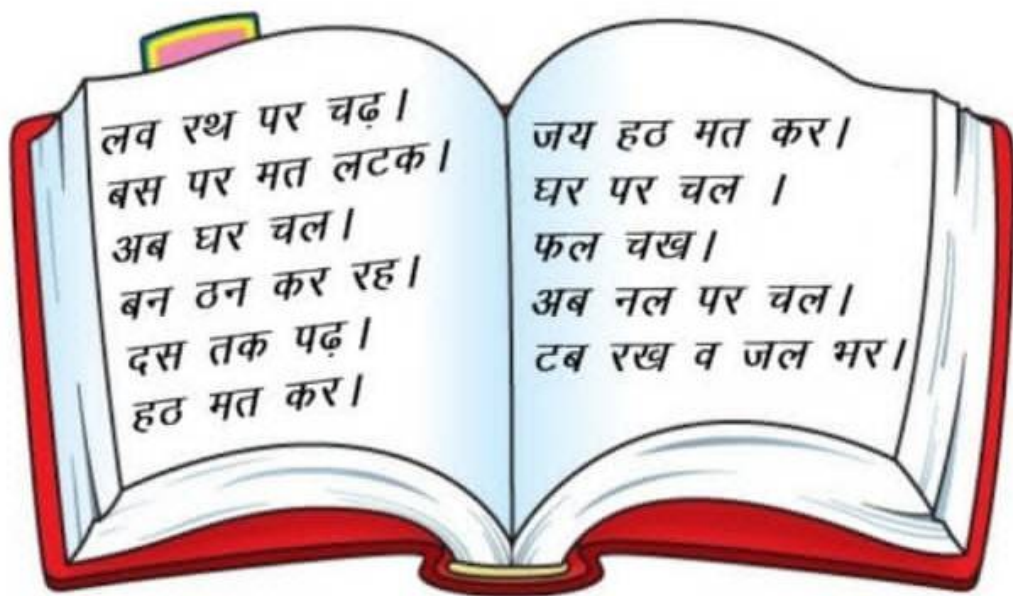
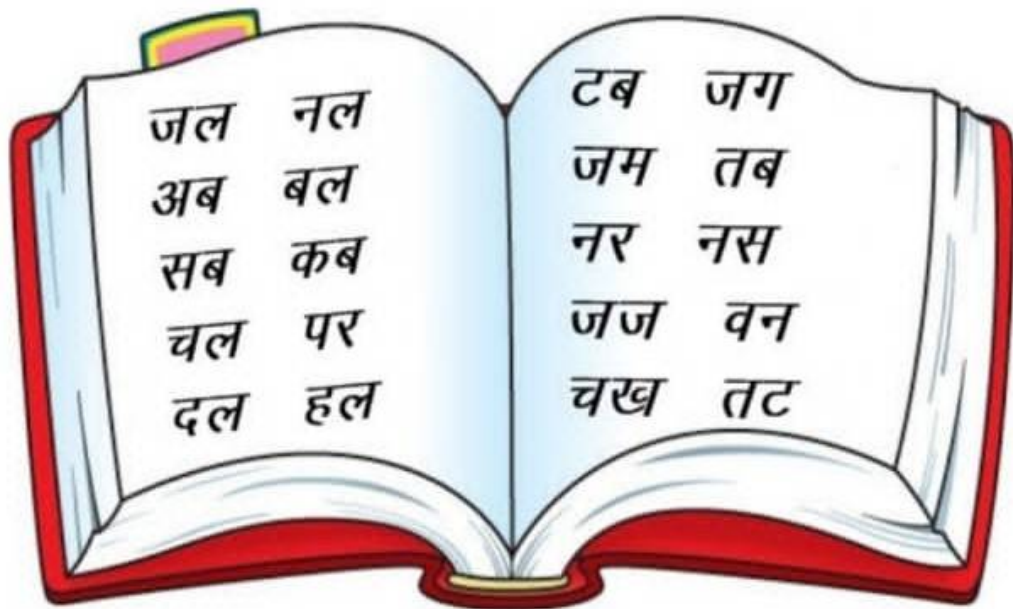
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Look at the pictures. Write the words.
Match with the opposite.



पढ़े।



10

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