



# ADARSH VIDYA NIKETAN SENIOR SECONDARY SCHOOL

HOLIDAY HOMEWORK FOR NURSERY (2022-2023)

## SUMMER, SUMMER

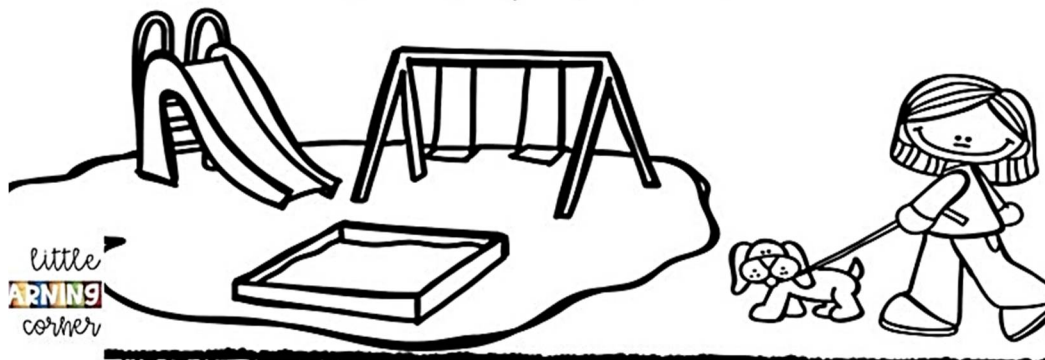
By Sarah Griffin

Summer, summer,  
I'm so glad you're here!

Summer, summer,  
Let's give a cheer!



Summer, summer,  
I'll meet you at the park.

Summer, summer,  
Let's stay up till dark!








## Dear Parents



We hope the children enjoyed their first spell in school as much as we enjoyed getting to know them. The school is a second home. Hope our children have started feeling at home in school by now.



**SUMMER VACATION** is round the corner. It brings a respite from the sweltering heat, it's an ocean of time to relax & rejuvenate, to pursue hobbies and to spend time with dear ones. If you set a good example for them by spending quality time together, children will feel more secure, confident and responsible. You can play games, read books, cook or bake together.





To keep our little ones indoors in the sweltering heat and to utilize their time with constructive and creative activities, we are sending a few assignments that would help the children get a grasp of the work done in the school. Wishing you and your ward an exciting, enriching and exhilarating vacation.





### **GUIDELINES:**


- **Take out the printout of the holiday homework.**
- **Help your child in doing the homework.**



Be a Friend: Play games with your child like - Ludo, Carom-board or scrabble.



Sharpen Memory: Put a few things on a tray show the tray to your child for a while and then cover the tray. Ask your child to name the objects which were on the tray. This activity will help in enhancing the memory and vocabulary of your child.



Explore Nature: Take your child for morning walk, count trees, cars, stones, flowers, etc. while going for a walk.



Summer vacation literally means fun-time for a student but learning should not stop during the summer break too. Don't let the lockdown lock your child's fun and laughter. There are a lot of fun-engaging activities to keep your children busy during their holidays and also enable them to learn different skills.

### **Self connect:-**

**Help your child to see himself/herself – how wonderful he /she is. Help them in these activities and make them independent.**

- Buttoning and Unbuttoning/ zipping and unzipping.
- Having food on their own.
- Hanging school bags.
- Keeping their room clean and well-organized.
- Keeping belongings back in their place.
- Filling the water bottles.
- Opening and closing tiffin box.
- Picking out clothes.
- Getting themselves dressed.
- Preparing toothbrush and brushing teeth.
- Laying the table or cleaning it up after a meal.
- Putting away toys.
- Getting bath ready, washing body and hair, putting on pajamas.
- Putting away clothes, shoes, backpacks, lunch boxes when entering the house.



### **Family/friends connect:-**

**Motivate your child connect with family/friends and feel a sense of belongingness.**

- Have positive relationships with friends.
- Listen and follow directions.
- **Since the elderly are at home and cannot go out, spend quality time with them and make them feel special.**
- Respect and wish elders.
- Effectively communicate emotions.
- Work well and share things with others.
- Use magic words (Thank you, sorry, excuse me, please etc.).
- Help parents and grandparents.



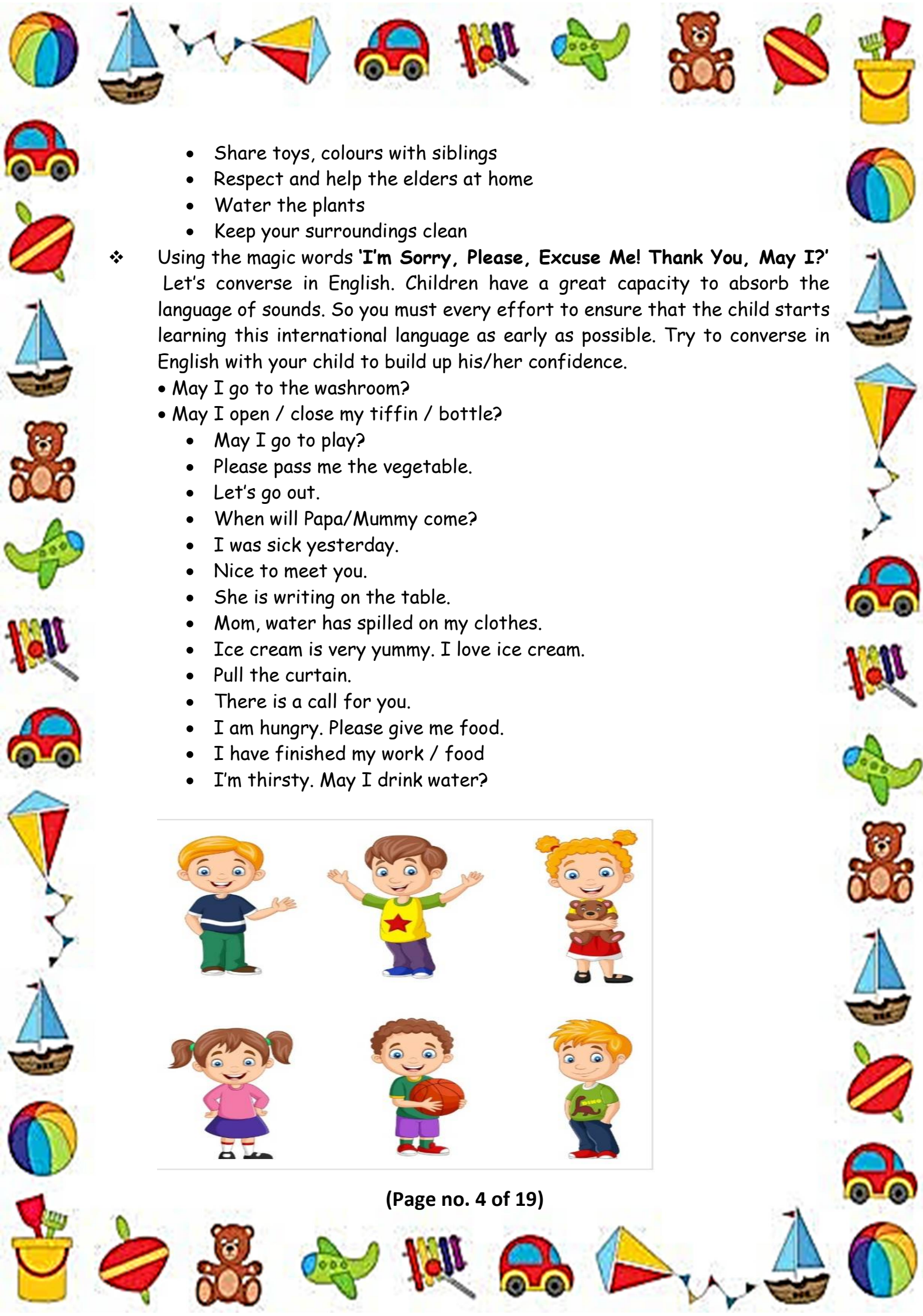
### **Nature connect:-**

**Help your child discover the beauty of nature and the world around. Children enjoy being in nature. Children with strong naturalistic intelligence easily recognize and categorize plants, animals, and rocks.**

- Taking care of pets and feeding them.
- Watching birds and listening to their sounds.
- Observing natural surroundings.
- Watching the stars and clouds( If possible use a pair of binoculars)
- Raise a kitchen garden with your child by planting seeds.
- Let him/her water the plants and take responsibility for some of them.







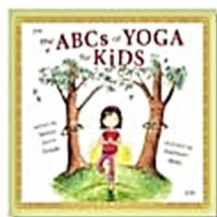
- Share toys, colours with siblings
- Respect and help the elders at home
- Water the plants
- Keep your surroundings clean

❖ Using the magic words '**I'm Sorry, Please, Excuse Me! Thank You, May I?**' Let's converse in English. Children have a great capacity to absorb the language of sounds. So you must every effort to ensure that the child starts learning this international language as early as possible. Try to converse in English with your child to build up his/her confidence.

- May I go to the washroom?
- May I open / close my tiffin / bottle?
  - May I go to play?
  - Please pass me the vegetable.
  - Let's go out.
  - When will Papa/Mummy come?
  - I was sick yesterday.
  - Nice to meet you.
  - She is writing on the table.
  - Mom, water has spilled on my clothes.
  - Ice cream is very yummy. I love ice cream.
  - Pull the curtain.
  - There is a call for you.
  - I am hungry. Please give me food.
  - I have finished my work / food
  - I'm thirsty. May I drink water?







# the ABCs of YOGA for Kids

 <b>A</b> Airplane	 <b>B</b> Butterfly	 <b>C</b> Cobra	 <b>D</b> Dog	 <b>E</b> Easy Pose
 <b>F</b> Frog	 <b>G</b> Grasshopper	 <b>H</b> Happy Baby	 <b>I</b> Inhale	 <b>J</b> Jack-in-the-Box
 <b>K</b> Kite	 <b>L</b> Lion	 <b>M</b> Mouse	 <b>N</b> New Pose	 <b>O</b> Otter
 <b>P</b> Peacock	 <b>Q</b> Queen	 <b>R</b> Rag Doll	 <b>S</b> Swan	 <b>T</b> Triangle
 <b>U</b> Unicorn	 <b>V</b> Volcano	 <b>W</b> Waterfall	 <b>X</b>	 <b>Y</b>
				 <b>Z</b> Zero

©2009 Teresa Anne Power | www.abcyogaforkids.com | 213-928-5584 | teresa@abcyogaforkids.com



## ENJOYABLE ACTIVITIES

**(1) Threading Straws Activity:** Cut some straws into a shorter lengths and invite your little learner to thread them into the old shoelace. Using different coloured straws and practise counting as they slide the straw beads into the shoelace.



**(2) Suspended Ball Activity:** Use a net bag, the kind that you get fruit and veggies in. Pop a ball in and knot it. Tie it to a length of rope. The rope needs to be long enough to get the ball level with your child's chest. Suspend the ball from any horizontal pole or even from a hook in a doorway.

### Fun Ways To Help Your Child's Hand-Eye Coordination





## My Special Day With My Dad

*"My dad is so special, He is smart and strong that, is why I love him so with all my little heart!!*

### HAPPY FATHER'S DAY!!

**Fun activity with Dad : Make watermelon popsicles (Chuski).**



#### Ingredients:

- glass of watermelon juice.
- ½ Lemon juice.
- Sugar powder.

#### How to make watermelon popsicles (Chuski)

- Remove the seeds from the watermelon and grind to extract its juice and sieve it.
- Add lemon juice to it and mix well.
- Add sugar powder.
- Mix and pour in kulfi moulds.
- Freeze for at least 3 hours and it is ready.

**Enjoy the mouth watering chuski with your Dad and have fun!!**



**Kindly click a photograph with your father and send it to your teacher.**



- **Engage them in Art & Craft:** Engaging students in art and craft helps to nurture their creativity. It is the best way that allows children to express themselves and even help them to create new things. It enables them to think differently improving their innovative skills.

**Number Magic:-** Make a number wheel by using cardboard from the old box or any old thick paper which is easily available at home, divide it into 10 parts and help the child paste pictures (cut different shapes from old wedding cards) or stickers, the way it is shown in the picture below. Write the numbers on cloth pins. Ask the child to count and match.



**Fun dice:-** Make a dice using an old box. Paste pictures of animals/fruits/vegetables or transport on its sides. Pictures pasted should be of the same category. Make your child learn few sentences about the pictures they pasted.





### 1. Sing-along



Sing songs with your child and encourage him/her to sing along with you. Play his/her favorite songs and music. This activity helps promote memory and word identification.

### 2. Practice the Alphabet



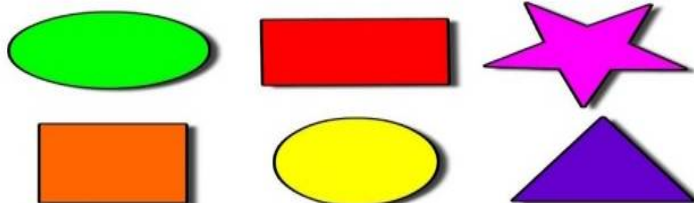
Help your child identify letters by singing along to the "Alphabet Song," reading books about the alphabet and playing with alphabet puzzles. . With the help of clay help your child to make and learn following Stroke: • Standing Lines • Sleeping Lines • Zigzag Lines.

### 3. Practice Counting



Identify opportunities throughout the day to practice counting. Count the number of shoes in your shoe rack when he gets dressed or the number of slides on the playground when you go to the park. You may soon find that they are counting everything!

### 4. Practice Shapes and Colors



Identify shapes and colors while interacting with your child. You can say, "That is a round, blue ball", when playing. You can ask them to describe objects to you.

Create a zig-zag, standing line and sleeping line on the floor. Let your child walk/crawl and balance on it. Let your child bounce a ball.





## 5. Ask Questions



Another way to help your children learn to think for themselves is to ask them questions: "Which toy should we pick up first when we clean up the living room? Or "Why is it important to walk down the stairs slowly?" Asking them questions helps them learn how to problem solve and better understand how the environment works.

## 6. Play with Everyday Items



Playing with everyday household items is educational, fun and cost effective. Encourage your child to match various-sized lids to their accompanying pots or have them look in a mirror and point to their nose, mouth, eyes, etc.

## 7. Offer a Variety of Games



Play a variety of games with your children to encourage problem solving and creativity. Play games like building blocks, Peek-a-Boo, board games, puzzles, Hide and Seek etc.

## 8. Show the kids that science is fun.



Have some fun home science experiments. Curious kids of all ages are always fascinated with the power of science! Kids can do science experiments at home with whatever you have on hand. By using water many science activities can be done like what dissolves in water, what absorbs water, how the taste of water changes when salt, sugar or lime juice is added to it, how it changes its shape when transferred in a different shape bowl or cup etc. Give some things to your child, let him/her throw them in the water to see whether they float or sink. Keep some sweet, sour and salty things (like chips, chocolate, pickle, etc.) on the table and ask the child to taste them one by one and tell whether the item is sweet, sour or salty.





स्वर ओ में गोला लगाएं



ओखली



ओढ़नी

ओ      औ      औ  
ओ      ओ      ओ  
आ      ऐ      ओ  
आ      ओ      ओ  
ओ      ओ      ओ





स्वर उ में गोला लगाएं



उपहार



उल्लू

ऊ

अ

उ

ऊ

अ

उ

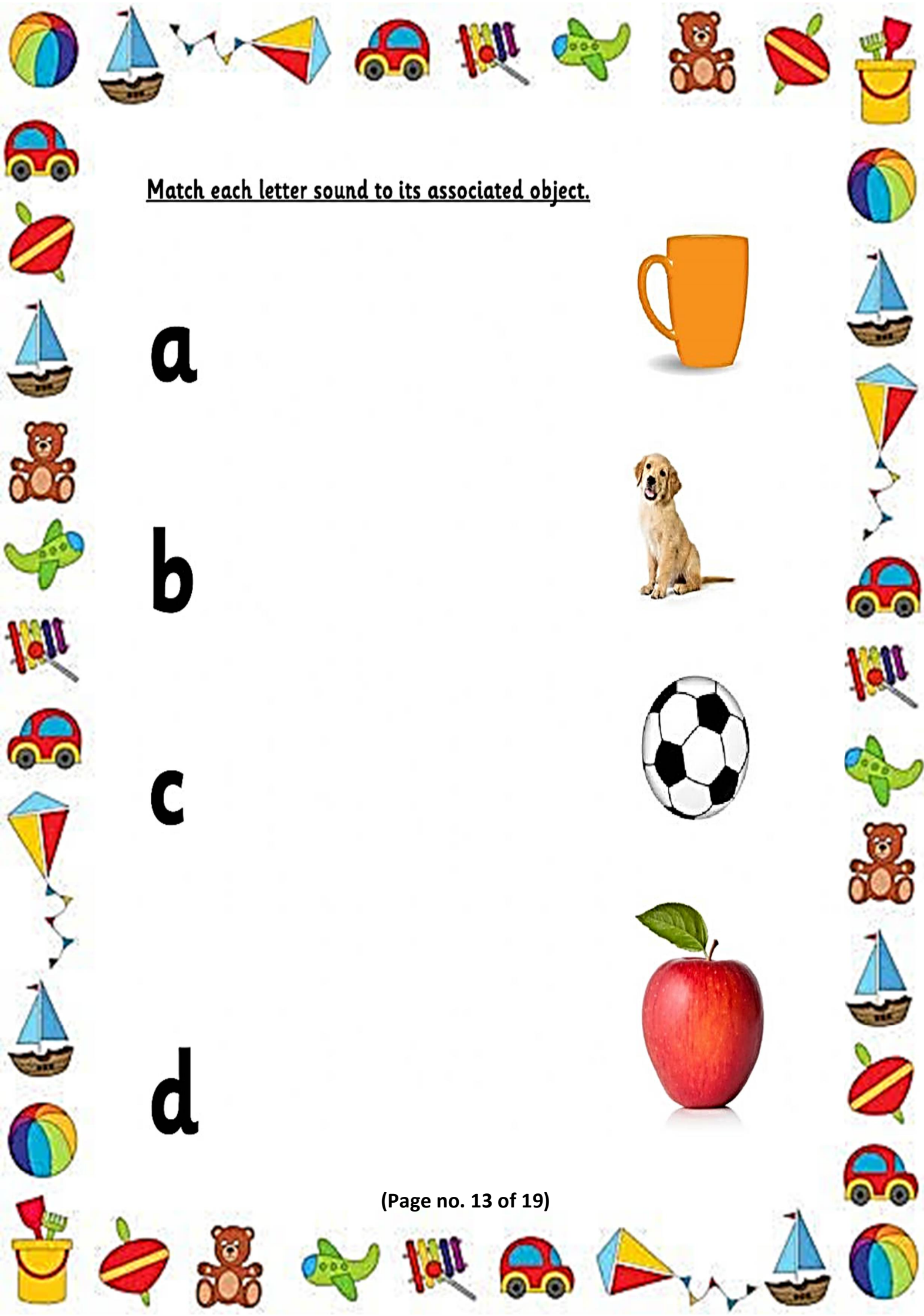
ल

उ

उ

ल





Match each letter sound to its associated object.

a



b



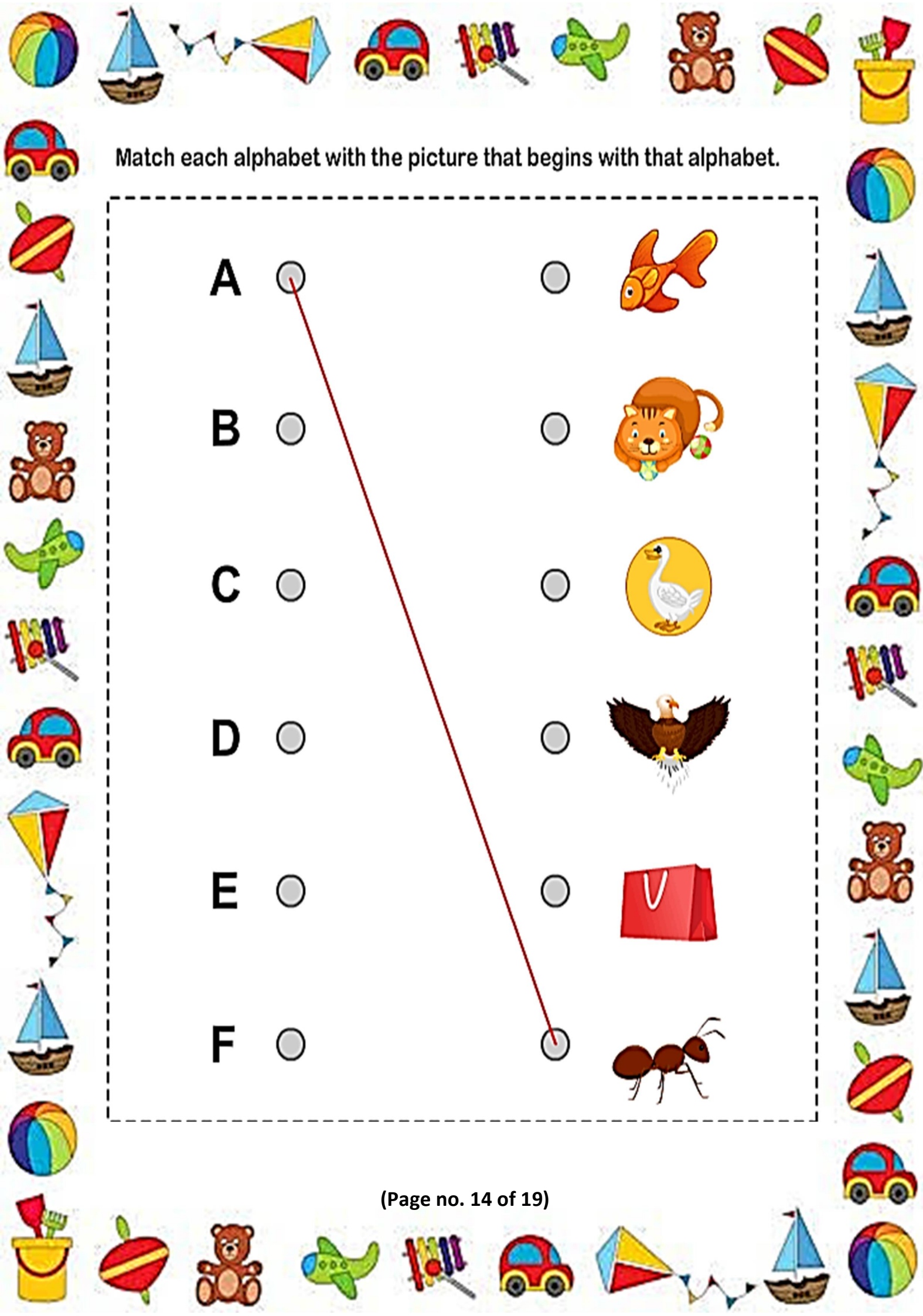
c



d







Match each alphabet with the picture that begins with that alphabet.

A



B



C



D



E



F







Count the Pictures and write the numbers



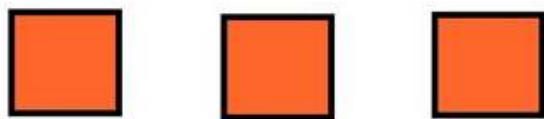
\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_



\_\_\_\_\_

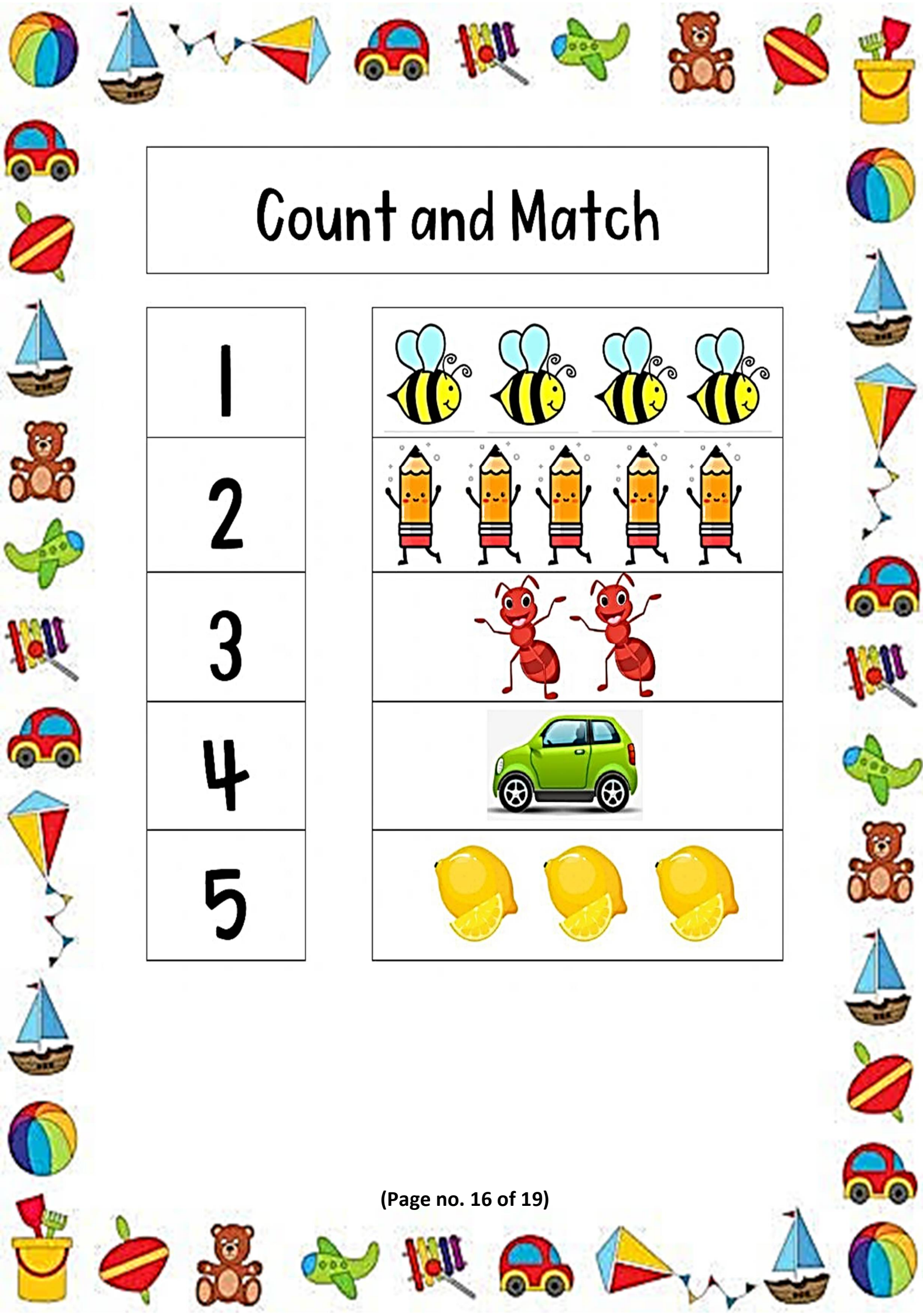


\_\_\_\_\_



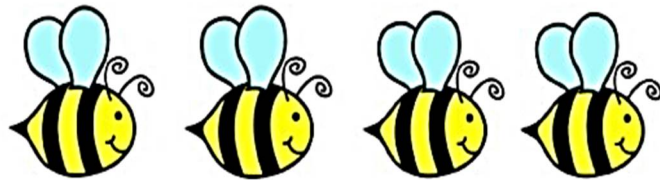
\_\_\_\_\_



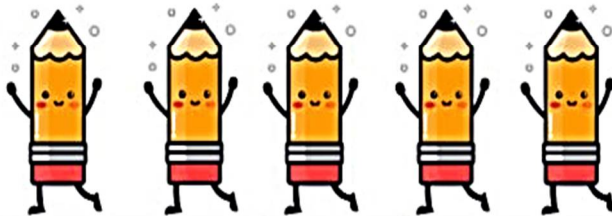


# Count and Match

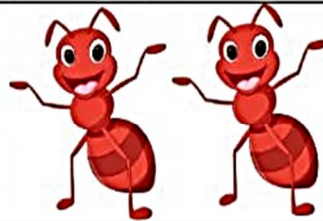
1



2



3



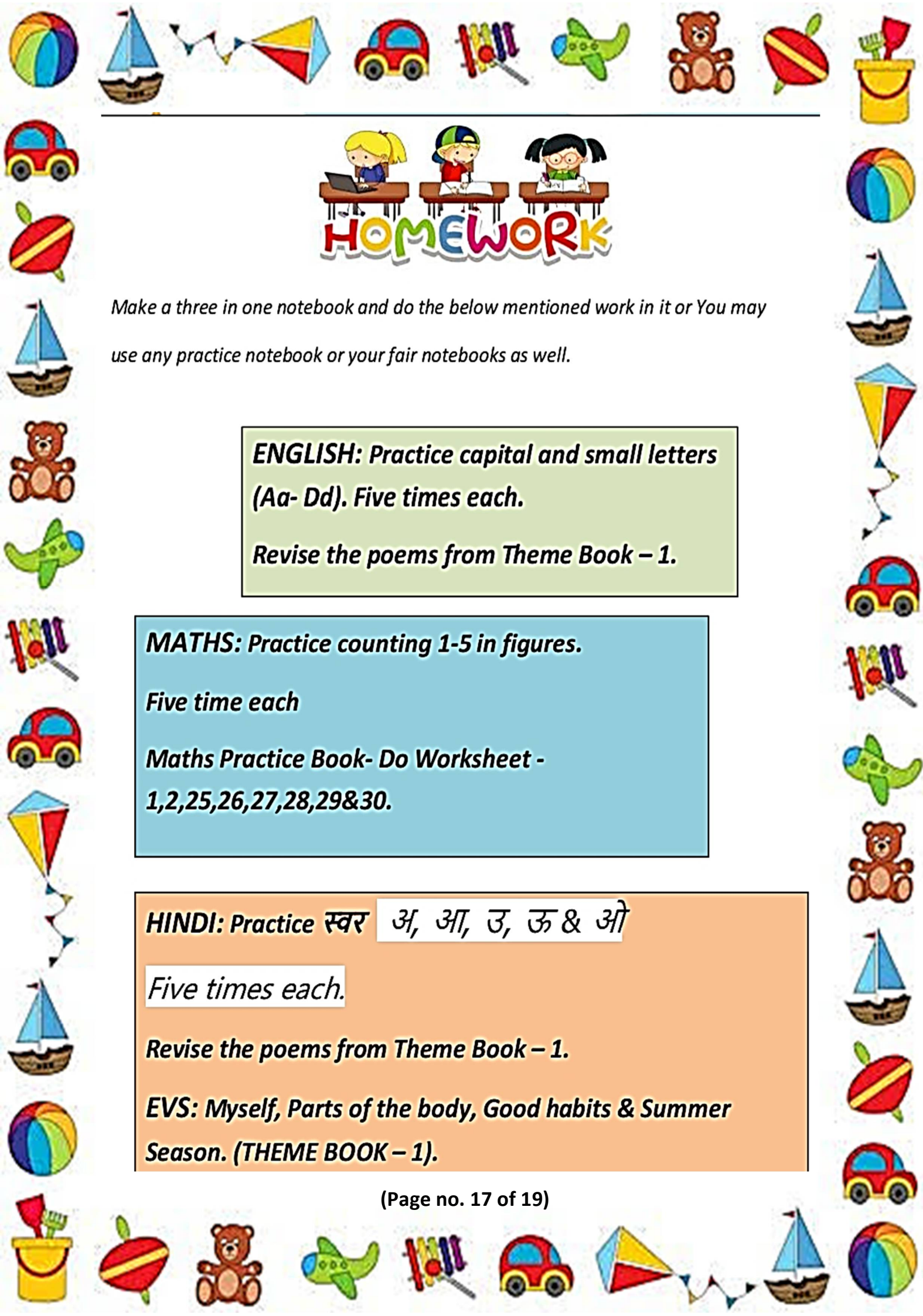
4



5







*Make a three in one notebook and do the below mentioned work in it or You may use any practice notebook or your fair notebooks as well.*

**ENGLISH: Practice capital and small letters (Aa- Dd). Five times each.**

**Revise the poems from Theme Book – 1.**

**MATHS: Practice counting 1-5 in figures.**

**Five time each**

**Maths Practice Book- Do Worksheet - 1,2,25,26,27,28,29&30.**

**HINDI: Practice स्वर अ, आ, उ, ऊ & ओ**

**Five times each.**

**Revise the poems from Theme Book – 1.**

**EVS: Myself, Parts of the body, Good habits & Summer Season. (THEME BOOK – 1).**



Carry out the below chores and keep ticking them off. Shout Bingo when all done!



# Chores Bingo

Clean closet	Weed the garden	Take out trash	Hang up towel	Load dishwasher
Set the table	Sweep	Clean the bathroom	Help cook dinner	Feed the fish
		FREE		
Walk the dog	Pick up LEGOs		Fold clothes	Dust furniture
Put away groceries	Make bed	Rake leaves	Clean up dog poop	Vacuum
Get mail	Put books away	Water plants	Mow the lawn	Wash the car



**Pencil Holder:-** Make a pencil holder using waste bottles, old mugs, cardboard rolls or waste cans and help the child in decorating it.



Help your child to make an attractive handmade bag with an old newspaper or magazine. Decorate it and write the name of your child. Put all the holiday homework in it and submit the same on the first day when the school reopens.

**Activities should be done under parent's supervision.**

**Here are some precautions you and your family can take to help avoid infection from corona virus:**



1. Wash your hands frequently using soap and water or an alcohol-based hand rub.
2. Cover mouth and nose with flexed elbow or tissue when coughing or sneezing. Dispose off the used tissue immediately after use.
3. Clean the toys at least once a day.
4. Don't come in close contact with anyone who has a cold, fever or flu-like symptoms.
5. Enjoy indoor activities. Children with fever, cough and running nose should not be allowed to meet others especially the elderly/grandparents.
6. Don't forget to have a nutritious food with plenty of water. Eat citrus fruits (orange, lemon, grape fruit) and vegetables which are rich in vitamin C, vitamin D containing foods (cheese, egg yolks) and zinc-containing foods (legumes, lentils, beans, and nuts).

**STAY HOME, STAY SAFE**

# HAPPY HOLIDAYS

-----😊😊😊 END 😊😊😊-----