



ADARSH VIDYA NIKETAN SENIOR SECONDARY SCHOOL
SECTOR-19, FARIDABAD
HOLIDAYS HOMEWORK FOR CLASS – PREP (2021-2022)



***Crickets begin their magical tune.
Ladybugs jig for the joy of June.
Dragonflies dance as they dart by.
Their whirring wings sing a lullaby.
Bumblebees buzz a melody sweet
Caterpillars top their merry feet.
Oh, happy hearts beat just like drummers
As June brings on the songs of summer!***

Student Name: _____



Dear Parent,

Summer Vacation is here –a respite from the sweltering heat, an ocean of time to relax, to pursue hobbies and to spend time with dear ones.

You can also utilize this period to instil in your child, the virtues of “Care and Share”, “Self-help”, “Learn from Environment” and “Cleanliness and Godliness”. Please keep him/her engaged in meaningful activities.

Wishing you and your ward an enriching and exhilarating vacation.

Kindly ensure that the holiday home work is completed by the students under the guidance of the parents.

- **Morning Blessings**

Help your child inculcate good habits like doing “Surya Pranam” & encourage him/her to greet all elders in the morning.

- **Physical Development**



Play different indoor games like Ludo, chess, snakes and ladders, carrom etc. with your child. This will encourage them to express freely and will make them more responsible.

- **Language Development**

- Encourage your child to converse in English.
- Choose any 1 object from your surroundings every day. Let the child speak few lines on it. For example: This is an apple. It is red in colour. It is sweet and juicy. An apple a day keeps the doctor away.



• **Fine Motor Development**

1. Mix a handful Rajma, Chana and Lobhia and ask your child to separate it using tweezers.
2. Scribbling, colouring, mashing potatoes, rolling chapattis, clay moulding, sand play, bursting bubble paper, tearing pasting, pegging the clothes, watering plants with spray bottles.



• **Personal Hygiene**


Encourage your child to take care of 'Personal Hygiene' by inculcating the following habits:

- ♣ Brushing teeth twice daily
- ♣ Combing hair regularly
- ♣ Bathing everyday
- ♣ Washing hands before and after meals
- ♣ Trimming the nails and keeping them clean.

• **Social Skills**

Imbibe following Social Skills in your child: -

- Answering the phone calls with a polite "Hello!", Also asking "May I know who is calling?"
- Sitting at the dining table with the family to eat the meals, using proper table manners. Do not watch television while having meals with the family.
- Sharing toys, colours, etc. with siblings.
- Talk to your child about the importance of keeping our surroundings clean.

- 
- The good habit of sharing and making friends.
 - Encourage your child to water the plants.
 - Encourage your child to respect and help the elders at home.
 - Encourage your child to develop the habit of taking care of his/her belongings.

- **Life Skills**

Inculcate following Life Skills in your child to help him/ her become independent:

- Buttoning his/her shirt
- Zipping and unzipping
- Fold the clothes.
- Tying his/her shoe laces
- Buckling and unbuckling
- Turning pages of a book
- Packing his/her school bags
- Laying the table for dinner
- Proper toilet training
- Arranging shoes in the shoe rack.



BINGO

- Kindly do the activities from the below mentioned chart and colour that block once it is done.

Introduce yourself.	Do 10 jumping jacks	Count up to 20	Use comparative (big/small) words
Recite a rhyme with introduction	Say something nice to someone	Find something round in shape.	Play Ludo with siblings
Practice writing 3 letter words of vowel 'a'.	Zumba Dancing	Count backwards 10 - 1.	Find something red.
Find something orange.	Use magic words at home(Please and Thank You)	Make lemonade with your mother	Use comparative (high/low) words
Count Objects	Read Hindi book with mom and dad	Draw and colour a triangle.	Find something smaller than your hand.

Creative Development

Fun with colours

Following are the few suggested activities for the children to enjoy during their summer holidays, using materials available at home –Choose any one of the below and make a delicious and colourful snack.

- Red Snack Time-** Jam sandwiches, strawberry jelly, watermelon.





2. **Orange Snack time**- Orange rasna or squash, orange jelly.



My Special Day with Dad!

("Father's Day Sunday, 20 June 2021")

"My Dad is so special, he is strong and smart, and that is why I love him so much with all my little heart!! Happy Father's Day!!"

ACTIVITY:

- Take your mother's help and make a beautiful **"#SUPERDAD"** badge for your father and click a nice photograph with your dad wearing the badge.



- Surprise him by making sandwiches and lemonade for breakfast with the help of your mother.



INTERNATIONAL YOGA DAY

(21st JUNE 2021)

Let's exercise!

- Material required – Mats
- Instructions:

- **COBRA POSE** - Lie down on the yoga mat on the tummy, with hands near chest. Push upwards into a backbend.



- **CAT POSE**: Get down on hands and knees. Reach spine towards ceiling as high as possible, so that the back is arched like a cat.



- **BUTTERFLY POSE**- Sit on the ground and join the soles of the feet and spread the knees. Hold your feet with hands and move the legs up and down like a butterfly moves her wings.



- Click pictures of the above activity and make a collage and send it to the class teacher.



Sight Word Pops

Learning Objective: -To make the children read Sight Words.

Materials Required: -

- A3 size pastel sheet
- Cut out of Popcorn tub
- Cut outs of Pops



Instructions

- Cut a popcorn tub from a colourful page of magazine, book or newspaper or any bright coloured paper.
- Cut the pops of yellow coloured sheet or take a white sheet and colour it yellow, write the sight words or take a print out of the same and paste it as shown in the given picture.
- Sight words to be mentioned on pops are- **this, that, are, see, can, and, these, those, the, who, a , an ,go, it, we, how etc.**
- Train your child to use blunt scissors and encourage them to do the cutting work on their own. This will develop their fine motor skills and will improve their eye hand coordination. **(Kindly ensure this is done under your guidance.)**
- Decorate the sheet with a colourful border.



Guidelines for Parents:

- Use only the resources that are available at home.
- Print out is optional. Work can be done in fair/practice notebooks.
- Prepare a systematic time table and follow it.
- Allow them to complete the homework under parental guidance.

ENGLISH: - Read vowel 'a' sound words daily from Theme book 1.

Write small cursive alphabets a-z (5 times).

Write vowel a sound words like cat, map, cap etc. (5 times).

MATHS: Write forward counting 1-50(5 times).

Write backward counting 10-1(10 times).

HINDI: - अ से अ: (5 बार लिखें) ।

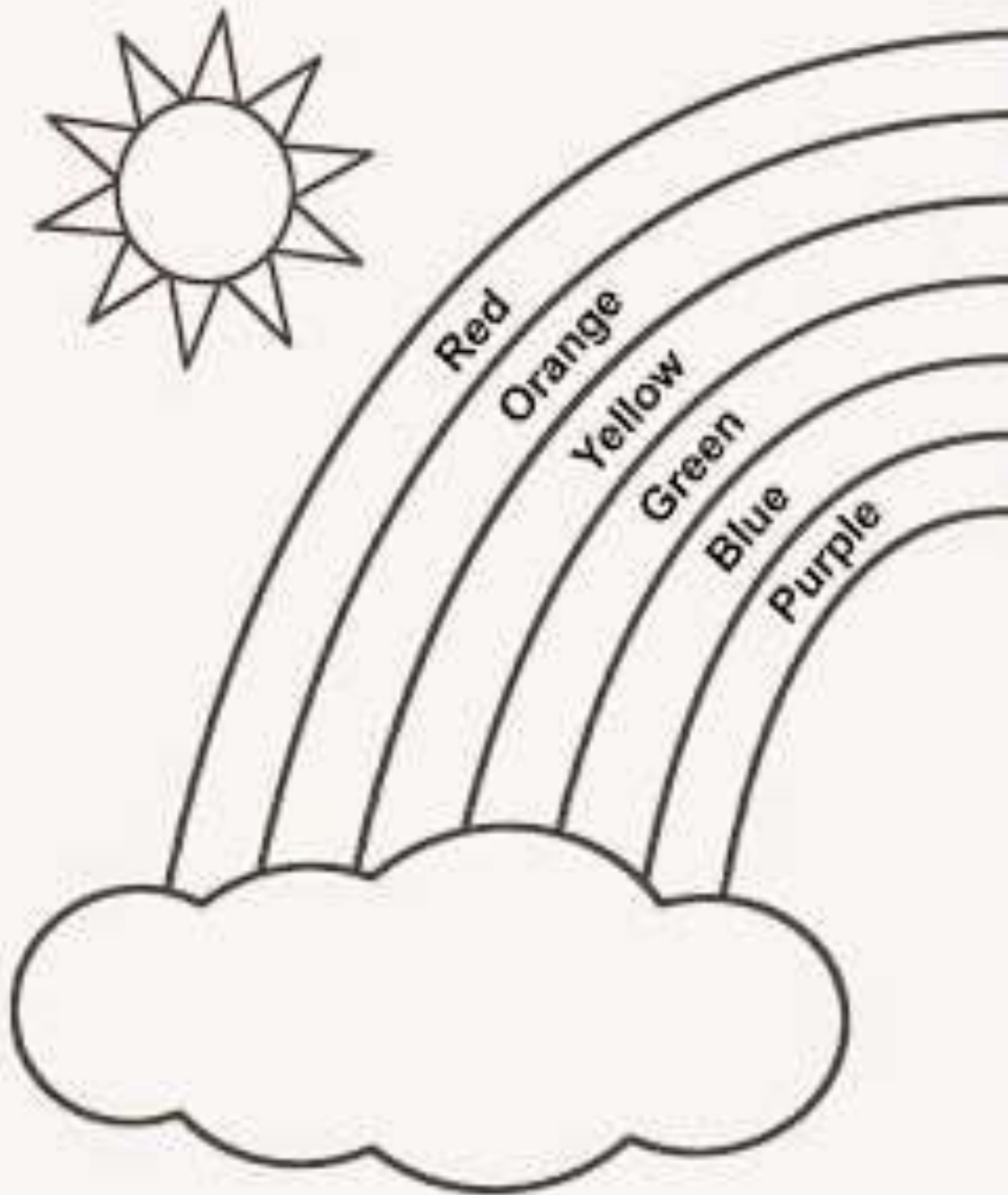
क से ह (5 बार लिखें ।)

मात्रा रहित दो वर्णों से सम्बद्धित कराये गए कार्य का अभ्यास करें ।



FUN PAGE!

Color the Rainbow!





Draw a circle around each total

  	1 2 3 4
   	1 2 3 4
 	1 2 3 4
 	1 2 3 4
   	1 2 3 4



Q. Look at the pictures and draw the respective body part in the given space you would use.

			_____
			_____
			_____
			_____
			_____
			_____



वर्णों को जोड़कर शब्द लिखो और अंग्रेजी के अर्थ भी लिखो

च + ढ = चढ़

ड + र =

म + त =

त + न =

म + न =

ध + न =

क + र =

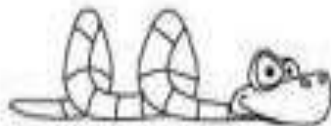
स + ब =

प + ढ =



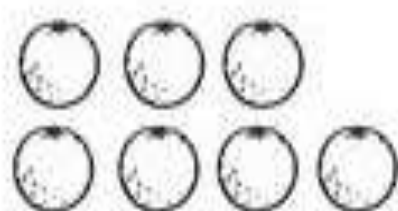
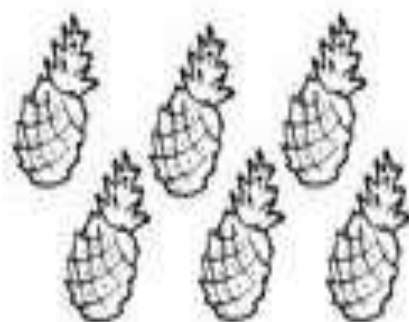


Count and write the correct number in the box.



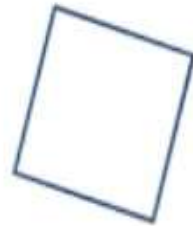
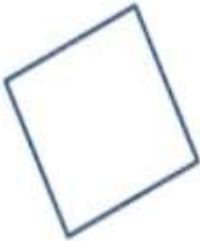


Count the objects in each group. Then, draw a line to match each group to the number that shows how many.





Shade all the **squares** below.

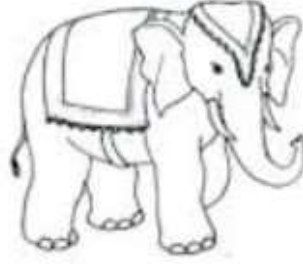




रिक्त स्थान भरो



घ



ग



फ



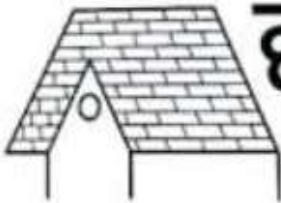
ई



ज



प



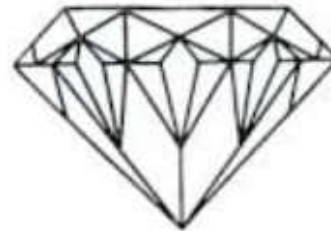
छ



न



ध



न



YouTube Links for viewing during vacation:

<https://youtu.be/h6exBJL8Ovg>

<https://youtu.be/UW5SjDM3qV8>

<https://youtu.be/uwzViw-T0-A>

<https://youtu.be/7qdDi7zBkzY>

<https://youtu.be/U3NgDPL2rd0>

Wishing you all happy times together!!

